

**District 10 Community Resource Manual – 2020**

**Bell County**

<b>Agency</b>	<b>Services</b>
Lighthouse Lifeline of Bell County  Highway 119 to 980 (Old Bell High Road) Pineville, KY 40977 (606) 337-3165	Provides assistance with GED classes, life controlling issues, and support groups.
Appalachian Research Defense Fund of KY  700 Pitzer St., Suite 1 Barbourville, KY 40906 (606)546-5115	Provides legal services for low-income families and individuals. The Barbourville office serves individuals of Bell, Clay, Knox, Laurel, and Whitley counties.
Cabinet for Human Resources  124 Kentucky Avenue Pineville, KY 40977 (606) 337- 6171	Provides assistance for eligible recipients. Bureau for Social Insurance to families with dependent children, employment, hearing assistance, adoption agencies and foster care assistance, adult and child protection services.
Bureau for Social Services  105 Rochester House Middlesboro, KY 40965 (606) 248-6137	Provides assistance for eligible recipients. Bureau for Social Insurance to families with dependent children, employment, hearing assistance, adoption agencies and foster care assistance, adult and child protection services.
Salvation Army  118 North 18 <sup>th</sup> Street Middlesboro, KY 40965 (606) 248-4925	Provides services for juvenile offenders and foster care, as well as a treatment house for child abuse.
Safe Haven Shelter  117 Pine Street Pineville, KY 40977 (606) 337-9756	Provides housing, food, clothing, transportation, furniture, religious counseling, and utility assistance.
Bell-Whitley Community Action Agency  129 North Pine Street Pineville, KY 40977 (606) 337-3044	Provides temporary housing, food, assistance, and assistance if acquiring permanent housing.
Cumberland River Comprehensive Care 24 Hour Emergency & Information Center  324 North 19 <sup>th</sup> Street Middlesboro, KY 40965 606 248-4696	Provides housing, job sight training programs, home weatherization resources, and child care assistance resources.

<p>Cumberland River Comprehensive Care</p> <p>324 North 19<sup>th</sup> Street Middlesboro, KY 40965 (606) 248-4969</p>	<p>Provides assistance for disabled persons, assistive services, suicide prevention service and counseling, mental health and substance abuse counseling.</p>
<p>Bell County Health Department</p> <p>310 South Cherry Street Pineville, KY 40977</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>
<p>Bell County Health Department</p> <p>111 North 21<sup>st</sup> Street Middlesboro, KY 40965</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>

### Clay County

<p>Cumberland River Comprehensive Care</p> <p>568 Muddy Gap Road Manchester, KY 40962 (606) 598-5172</p>	<p>Provides assistance for disabled persons, assistive services, suicide prevention service and counseling, mental health and substance abuse counseling.</p>
<p>Lifeline Community Church (Located behind Long Johns)</p> <p>P.O. Box 280 Manchester, KY 40962 (606) 598-8871</p>	<p>Provides AA/NA Meetings. Mondays at 6:00 PM.</p>
<p>City of Hope Church</p> <p>1343 S. HWY 421 Manchester, KY 40962 (Old Horse Creek Elementary School) (606) 598-8872</p>	<p>Provides lifeline meetings. Mondays at 6:00 PM.</p>
<p>Clay County Health Department</p> <p>330 Shamrock Road Manchester, KY 40962 (606) 598-2425</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>

<p>Daniel Boone Community Action Agency</p> <p>1535 Shamrock Road Manchester, KY 40962 (606) 598-5127</p>	<p>Provides transportation, job skills training, home weatherization, emergency shelter/support, and housing assistance.</p>
<p>Educational Substance Abuse Support Group</p> <p>41 Bridge Street Manchester, KY 40962</p> <p>(606) 813-1777 Contact: Ellen Nicholson</p>	<p>Provides substance abuse support. Fridays @ 5:00 PM.</p>
<p>Pin Hook</p> <p>5021 North HWY 421 Manchester, KY 40962</p>	<p>Provides AA/NA meetings. Mondays and Tuesdays @ 8:00 PM.</p>

### Harlan County

<p>Alcoholics Anonymous</p> <p>Cumberland Avenue Harlan, KY 40831</p>	<p>Provides counseling for drug and alcohol abuse.</p>
<p>Department for Employment Services and Unemployment Insurance</p> <p>119 South Cumberland Avenue Harlan, KY 40831 (606) 573-9403</p>	<p>Provides available job listings and development to those who are not job ready. In addition, it provides assistance with obtaining unemployment benefits.</p>
<p>Department for Social Services</p> <p>P.O. Box 552 Harlan, KY 40831 (606) 573-4620</p>	<p>Provides assistance for eligible recipients. Bureau for Social Insurance to families with dependent children, employment, hearing assistance, adoption agencies and foster care assistance, adult and child protection services.</p>
<p>Department for Social Insurance</p> <p>108 Cumberland Avenue Harlan, KY 40831 (855) 306-8959</p>	<p>Provides special social services, protective services for children, family planning, budgeting resources, resources for medical needs, and child care referrals.</p>
<p>Harlan County Health Department</p> <p>309 Clover Street Harlan, KY 40831 (606) 573-4820 or (606) 573-3700</p>	<p>Provides financial assistance to low-income families and financial aid to dependent children.</p>

<p>Sharing With Appalachian People (MCC SWAP)</p> <p>P.O. Box 1507 Harlan, KY 40831 (606) 573-7846</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>
<p>Methodist Opportunity Store</p> <p>504 Martin Street Harlan, KY 40831 (606) 573-7958</p>	<p>Provides home repairs to low-income family who can afford it.</p>
<p>Harlan County Community Action Agency</p> <p>P.O. Box 1556 Harlan, KY 40831 (606) 573-5335</p>	<p>Provides affordable clothing to low-income families.</p>
<p>Harlan Independent Family Resources Center</p> <p>412 Central Street Harlan, KY 40831 (606) 573-8713</p>	<p>Provides training and resources for those seeking employment, assistance with education for pre-school, home repairs, utility assistance, public transportation, meals on wheels, and assistance for FHA.</p>
<p>Harlan County Board of Education Family Resource Center</p> <p>Ball Park Road Harlan, KY 40831 (606) 573-4330</p>	<p>Provides tutoring and counseling services, as well as other resources. Serves as a liaison between students, families, and area resources.</p>
<p>Expanded Food and Nutrition Program</p> <p>P.O. Box 329 Harlan, KY 40831 (606) 573-4464</p>	<p>Provides tutoring and counseling services, as well as other resources. Serves as a liaison between students, families, and area resources.</p>
<p>Crans Creek Survival Center</p> <p>Highway 421 South P.O. Box 32 Cranks, KY 40820 (606) 573-2812</p>	<p>Provides educational information on proper nutrition. Conducts home visits and group meetings on nutrition, health, and food management.</p>
<p>COAP</p> <p>301 North Main Street P.O. Box 1617 Harlan, KY 40831 (606) 573-9853</p>	<p>Provides food, clothing, furniture, home repairs, and housing assistance for low-income families.</p>
<p>Christian Family Services</p>	<p>Provides food, home repairs and housing assistance for low-income families.</p>

<p>River Street P.O. Box 1238 Harlan, KY 40831 (606) 573-9843</p>	
<p>Catholic Social Services Emergency</p> <p>P.O. Box 1374 Harlan, KY 40831 (606) 573-2329</p>	<p>Provides transportation, clothing, food, and emergency assistance to low-income families.</p>
<p>Harlan County Literacy Program</p> <p>103 North 3<sup>rd</sup> Street Harlan, KY 40831 (606) 573-5220</p>	<p>Provides housing assistance, utility assistance, food, and budgeting assistance for low-income families.</p>
<p>Vocational Rehabilitation</p> <p>110 Professional Lane Harlan, KY 40831 (606) 573-3890</p>	<p>Provides teaching to non-readers up to 5<sup>th</sup> and 6<sup>th</sup> grade reading skills.</p>
<p>Cumberland Valley Technical College</p> <p>164 Ball Park Road Harlan, KY 40831 (606) 573-1506</p>	<p>Provides counseling, tuition assistance, barrier removal, and job readiness skills to people with disabilities.</p>
<p>UK Kentucky Homeplace</p> <p>313 Central Street P.O. Box 239 Grays Knob, KY 40829 (606) 574-9268</p>	<p>Provides opportunity to combine technical study and practical experience. Graduates are trained for entry-level employment.</p>
<p>SKYCAP</p> <p>P.O. Box 389 Baxter, KY 40806 (606) 573-6115</p>	<p>Provides transportation to medical appointments and payments for maintenance prescriptions.</p>
<p>Harlan County Adult Education Southeast Community &amp; Technical College</p> <p>700 College Rd. Cumberland, KY 40823 (606) 573-9654 (606) 589-2145</p>	<p>Provides assistance with medications, transportations to medical appointments, and housing issues.</p>
<p>Harlan County Literacy</p> <p>310 West Main Street Cumberland, KY 40823</p>	<p>Provides GED classes and adult education programs.</p>

(606) 589-2409	
Appalachian Research Defense Fund of KY 108 South Main St., Suite 202 Harlan, KY 40831 (606) 573-6301	Provides tutoring and assistance to non-readers.
Poplar Village 51 Mastin Drive Cumberland, KY 40823 (606) 589-5637	Provides legal services for low-income families and individuals.
Cumberland Valley Regional Housing Authority 107 North Cumberland Avenue Harlan, KY 40831 (606) 574-0013	Provides housing for low-income families.
Housing Authority of Cumberland 178 Russell Drive Harlan, KY 40831 (606) 589-4600	Provides low-income housing assistance (HUD).
Harlan County Works P.O. Box 234 Loyall, KY 40854 (606) 574-0355	Provides low-income housing assistance.
Housing Authority of Harlan 509 Poplar Street P.O. Box 855 Harlan, KY 40831 (606) 573-5800	Provides life skills, job training and adult education.
Holly Point Housing Wallins Street Harlan, KY 40831 (606) 573-7856	Provides low-income housing assistance.

### Jackson County

Cumberland River Comprehensive Care Center 1348 North Highway 421 McKee, Kentucky 40447	Provides assistance for disabled persons, assistive services, suicide prevention service and counseling, mental health and substance abuse counseling.
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(606) 287-7137	
Daniel Boone Community Action Partnership  5748 KY HWY 290 McKee, KY 40447 (606) 364-4484	
Jackson County Health Department  P.O. Box 250 McKee, KY 40447 (606) 587-8421	Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.
McKee Baptist Church  326 Water Street McKee, KY 40447 (606) 287-7561	AA/NA Meetings. Tuesdays at 6:00 PM and 7:00 PM.
McKee Reformed Church  P.O. Box 266 McKee, KY 40447 (606) 965-2511	AA/NA Meetings. Wednesdays and Sundays at 8:00 PM. Fridays at 7:00 PM.

### Knox County

Cabinet for Human Resources  700 Pitzer Street Barbourville, KY 40906 (606) 546-5154	Provides assistance for eligible recipients. Bureau for Social Insurance to families with dependent children, employment, hearing assistance, adoption agencies and foster care assistance, adult and child protection services.
Barbourville Ministerial Association  3 <sup>rd</sup> Street Barbourville, KY 40906 (606) 546-4286 (606) 546-3634	Provides clothing and food assistance to low-income families.
Barbourville Rainbow Center  School Street Barbourville, KY 40906 (606) 546-3338	Provides school age child care, school/street skills, clothing, health screenings, and parenting classes.
Appalachian Research Defense Fund of KY  700 Pitzer St., Suite 1 Barbourville, KY 40906 (606)546-5115	Provides legal services for low-income families and individuals. The Barbourville office serves individuals of Bell, Clay, Knox, Laurel, and Whitley counties.

<p>Department for Employment and Training Services</p> <p>P.O. Box 1368 Corbin, KY 40701 (606) 528-3460</p>	<p>Provides assistance for individuals seeking job employment.</p>
<p>Emergency Fund and Services, Inc.</p> <p>P.O. Box 8 Barbourville, KY 40906 (606) 546-4622</p>	<p>Provides self-help.</p>
<p>Girdler Resource Center</p> <p>P.O. Box 259 Girdler, KY 40943 (606) 546-9472</p>	<p>Provides after school programs, parent and teacher programs, GED training, food pantry services, and resources to other local resource centers.</p>
<p>Hope City Transitional Housing</p> <p>335 North Main Street Barbourville, KY 40906 (606) 545-7083</p>	<p>Hope City is a residential rehabilitation center for women. Hope City is a 6 month program.</p>
<p>KCEOC Community Action Partnership</p> <p>5448 N US 25E Gray, KY 40734</p>	<p>Provides assistance with adult education, childcare and headstart assistance, employment resources, housing programs and assistance, and emergency programs and assistance.</p>
<p>KY Technical Vocational School</p> <p>210 Wall Street Barbourville, KY 40906 (606) 546-5310</p>	<p>Provides opportunity to combine technical study and practical experience. Graduates are trained for entry level employment.</p>
<p>Knox County Health Department</p> <p>P.O. Box 1689 Barbourville, KY 40906  (606) 546-3486</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>
<p>NAMI Cumberland River</p> <p>(606) 259-9106 Name.mtvernon@crccc.org</p>	<p>Provides counseling for people with mental illnesses.</p>
<p>Union College Adult Learning</p> <p>310 College Street Barbourville, KY 40906 (606) 546-4151 Ext. 245</p>	<p>Provides adult learning resources, GED/Reading classes, and JOBS 310 program.</p>

<p>Cumberland River Comprehensive Care Center</p> <p>704 Pitzer Street Barbourville, KY 40906 (606) 546-3104</p>	<p>Provides assistance for disabled persons, assistive services, suicide prevention services and counseling, mental health and substance abuse counseling.</p>
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### Laurel County

<p>Cold Hill/Keavy Family Resource Center</p> <p>4012 West Laurel Road London, KY 40741 (606) 877-2067 (Cold Hill) (606) 877-2676 (Keavy)</p>	<p>Provides counseling, parent workshops, peer support groups, student activities, and family sharing.</p>
<p>Come-Unity Cooperative Care</p> <p>755 South Dixie Street London, KY 40741 (606) 864-2351</p>	<p>Provides assistance with daily and emergency needs.</p>
<p>Crossroads</p> <p>610 American Greeting Card Rd. Corbin, KY 40701 (606) 526-9552</p>	<p>Provides alcohol and drug abuse treatment for males.</p>
<p>Cumberland River Comprehensive Care Center</p> <p>1203 American Greeting Card Rd. Corbin, KY 40701</p>	<p>Provides assistance for disabled persons, assistive services, suicide prevention services and counseling, mental health and substance abuse counseling.</p>
<p>Cumberland River Comprehensive Care Center</p> <p>915 North Laurel Rd. London, KY 40741 (606) 864-204</p>	<p>Provides assistance for disabled persons, assistive services, suicide prevention services and counseling, mental health and substance abuse counseling.</p>
<p>Daniel Boone Development Council</p> <p>188 Dog Patch Center London, KY 40741 (606) 864-9121</p>	<p>Provides transportation, job skills, training, home weatherization, emergency shelter/support, and housing assistance.</p>
<p>Department for Employment</p> <p>85 State Police Rd London, KY 40741 (606) 864-6811</p>	<p>Provides assistance to individuals searching for employment.</p>

<p>Department for Social Insurance</p> <p>31 South Laurel Rd London, KY 40741 (855) 306-8959</p>	<p>Provides special social services, protective services for children, family planning, budgeting resources, resources for medical needs, and child care referrals.</p>
<p>Department for Social Services</p> <p>85 State Police Rd London, KY 40741 (606) 864-6228</p>	<p>Provides assistance for eligible recipients. Bureau for Social Insurance to families with dependent children, employment, hearing assistance, adoption agencies and foster care assistance, adult and child protection services.</p>
<p>East Bernstadt Family Resource Center</p> <p>P.O. Box 128 East Bernstadt, KY 40727 (606) 843-6713</p>	<p>Provides tutoring and counseling services, liaison between students and families, and area resources.</p>
<p>Hunter Hills Family Resource Center</p> <p>9325 South U.S. HWY 25 Corbin, KY 40701 (606) 862-4659</p>	<p>Provides tutoring and counseling services, liaison between students and families, and area resources.</p>
<p>KY Technical and Vocational School</p> <p>235 South Laurel Rd London, KY 40741 (606) 864-7311</p>	<p>Provides opportunity to combine technical study and practical experience. Graduates are trained for entry level employment.</p>
<p>Laurel County Adult Education &amp; Literacy</p> <p>90 Bennett Circle London, KY 40741 (606) 878-9134</p>	<p>Provides GED classes and adult education programs.</p>
<p>Laurel County Health Dept.</p> <p>525 Whitley Street London, KY 40741 (606) 864-5187</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>
<p>Laurel County Literacy Council</p> <p>105 South Broad Street, Suite 205 London, KY 40741 (606) 878-9134</p>	<p>Provides coordination, advocacy, and support efforts to combat literacy issues.</p>
<p>London Family Resource Center</p> <p>600 North Main Street London, KY 40741 (606) 878-2974</p>	<p>Provides tutoring and counseling services. Liaison between students, families, and area resources.</p>

<p>OPAC Community Services</p> <p>P.O. Box 1049 London, KY 40741 (606) 878-6261</p>	<p>Provides assistance to senior citizens with daily living needs.</p>
<p>Christian Shelter for the Homeless</p> <p>220 East 4<sup>th</sup> Street London, KY 40701 (606) 330-0785</p>	<p>Provides emergency shelter for homeless individuals.</p>

### Leslie County

<p>Kentucky River</p> <p>28 Firehouse Lane Hyden, KY 41749 (606) 672-4215</p>	<p>Provides mental health counseling and needs for alcohol and drug addiction.</p>
<p>Excel Rehabilitation Services</p> <p>19126 U.S. HWY 421 Hyden, KY 41749 (606) 672-4546</p>	<p>Provides rehabilitation services.</p>
<p>Leslie County Health Department</p> <p>78 Maple Street #2 Hyden, KY 41749 (606) 672-2393</p>	<p>Provides assistance with WIC, vaccinations, family planning, nutrition advice and counseling.</p>
<p>Leslie County Community Action Partnership</p> <p>121 Maple Street Hyden, KY 41749 (606) 627-2155</p>	<p>Provides assistance with adult education, childcare and headstart assistance, employment resources, housing programs and assistance, and emergency programs and assistance.</p>

## **Kentucky Skills U Contacts and Testing Centers District 10**

### **Laurel**

#### **Laurel County Skills U**

**90 Bennett Circle**

**London KY 40741**

**606.878.9134**

**9:00 am – 8 pm Monday through Thursday**

**9:00 am – 2 pm Fridays**

**Orientation/Intake**

**Mondays at 10 am or 6 pm**

**tina@laureladulted.org, Program Director**

**ken@laureladulted.org, Career Navigator**

**Official GED Testing Center**

**Wednesdays from Noon-8pm (open to anyone of any county needing GED testing)**

**The first Friday of each month from 9 am –Noon (open to anyone of any county needing GED testing)**

#### **Laurel County Skills U Corbin**

**103 Northside Plaza**

**Corbin KY 40701**

**606-528-0379**

**Contact: Erin Moses**

**erin@laureladulted.org**

**no official GED testing**

**Somerset Community College**

**Laurel Assessment Center**

**Laurel Campus, North**

**Building 2, Room 240**

**London KY 40741**

**Terri Flanary**

**terri.flanary@kctcs.edu**

**606 878-4728 Contact for testing times**

**KNOX**

**Knox County Skills U**

**133 Wall Street**

**Barbourville KY 40906**

**606-545-6032**

**tina@laureladulted.org, Program Director**

**terry@laureladulted.org, Program manager**

**Official testing is through Laurel County via mobile lab as requested per Skills U staff**

**CLAY**

**Clay County Skills U through EKU**

**Manchester Center**

**50 University Drive**

**Eastern Kentucky University**

**Manchester, KY 40962**

**Phone: 606-599-1230**

**Tammy Frazier**

**tammy.frazier@eku.edu**

**Official testing is through EKU mobile testing lab as requested per Skills U staff**

**JACKSON**

**Jackson County Skills U**

**McKee, KY 40447**

**Debbie Esteridge**

**debbie.estridge@jackson.kyschools.us**

**606.287.3571**

**Official testing in county through Thorn Hill mobile testing site as requested per Skills U staff**

**LESLIE**

**Leslie County Skills U**

**Joanie Combs**

**606.487.0665**

**jcombs0322@kctcs.edu**

**No official GED testing center in county**

**BELL**

**Bell County Skills U**

**Patty Burnside**

**606.248.3169**

**patty.burnside@kctcs.edu**

**Official GED testing**

**Mondays 8 am – 4:30 pm**

**SECC**

**1300 Chichester Ave**

**Middlesboro, KY 40965**

**HARLAN**

**Nathaniel Haines**

**nhaines0001@kctcs.edu**

**606.589.3242**

**Harlan County Skills U**

**Official GED testing**

**Tuesday 8 am – 4:30 pm**

**SECC**

**164 Ballpark Road**

**Harlan | KY 40831**