



# Course Catalog of Offender Programs and Education

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*Kentucky Department of Corrections  
Local Facilities*

# INTRODUCTION

Supporting a successful transition to the community and maintaining stability within the offender population is central to the mission of the Kentucky Department of Corrections. The Department protects public safety by ensuring that offenders receive programming to support their successful return to the community. Programs are standardized across the Department, implemented with dedicated resources, and regularly reviewed for quality assurance.

This practical guide was prepared to highlight the Department's programs. Each program summary in this directory contains key information: a Program Description, Time Frame, Admission Criteria, Program Content, Applicable Policies, and Locations.

The Department maintains a catalog of evidence-based, life skills, promising practice, and substance abuse programs to address a wide range of reentry, supervision, and incarceration needs. Program offerings vary based on available resources and the needs of the offender population. The Department of Corrections maintains a list of the programs that are currently available.

## General Information

### *Definitions:*

**Evidence Based** Programs are programs demonstrated by scientific research to reliably produce reductions in recidivism.

**Promising Practice** represents a program that may have some research or data showing positive outcomes but does not meet criteria as an Evidence Based program. Promising practices have a clear focus and includes processes of accountability and evaluation.

**Life Skills** Programs provide strategies to assist in removing barriers for successful reintegration and address skill areas including time management, money management, use of technology, communication, and social skills.

**Substance Abuse** Programs is an evidence based drug treatment program for individuals with a substance use disorder.

**Religious Program** means a program that does not have a secular purpose or a program, which has a curriculum that advances or inhibits specific religion(s) and does not qualify for program credit.

## Applicable Corrections Policies and Procedures:

**CPP 30.1** Program Evaluation and Measurement

**CPP 30.2** Program Credit

**CPP 30.3** Risk and Needs Assessment and Quality Assurance

**CPP 30.6** Division of Addiction Services Substance Abuse Program

**CPP 30.8** Pretrial Substance Abuse Program (PSAP)

## Disclaimer(s):

**The Kentucky Department of Corrections provides this directory as a means of describing programs offered throughout the Department. This list contains information, which is updated quarterly, but programming offered is subject to change over time. Offenders shall not be able to complete the same program or course twice unless authorized staff have approved. Programs not listed in this course catalog are not eligible for sentence credit. Faith Based/Religious program shall not receive sentence credit. Offenders who are statutorily ineligible to receive the application of sentence credits will not receive credit for the completion of programs.**



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# Cognitive Behavioral Programs

Program Name	<p><b>MRT<sup>©</sup> - Moral Reconation Therapy</b>  <i>MRT<sup>©</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>©</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>©</sup> products.</i></p>
Program Description	<p>This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary. The program was designed in a criminal justice setting for offenders involved in the criminal justice system. MRT<sup>©</sup> targets an offender's belief system and attempts to raise their level of moral reasoning in their decision-making process. The MRT<sup>©</sup> program has been researched for over thirty years and has proven reduction in recidivism levels at multiple points of progress within the program, as well as after overall program completion. MRT<sup>©</sup> is designed to achieve formal program completion after 12 in-group steps. The workbook for this program is entitled 'How to Escape Your Prison'<sup>©</sup> and includes the use of a separate facilitator guide.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	<p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>
Program Credit	<p>This program receives <b>90</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Adair, Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Bullitt, Butler, Calloway, Campbell, Carter, Casey, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Laurel, Larue, Leslie, Letcher, Logan, Madison, Marion, Marshall, McCracken, Mason, Meade, Montgomery, Muhlenberg, Nelson, Oldham, Perry, Pike, Powell, Pulaski, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Todd, Warren, Wayne, Webster, Whitley, and Woodford.</p>

Program Name	<p><b>MRT© Anger Management</b></p> <p><i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i></p>
Program Description	<p>This Cognitive-Behavioral program is designed to assist offenders in recognizing and overcoming anger. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Coping with Anger'© workbook, various supplemental materials, and the completion of homework assignments prepared outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	<p>Depending on offender needs and progression, offenders can expect to participate in a minimum of 10-12 group sessions.</p>
Program Credit	<p>This program receives <b>90</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Adair, Allen, Ballard, Barren, Boyd, Breckinridge, Bullitt, Butler, Calloway, Carter, Casey, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Larue, Laurel, Leslie, Letcher, Logan, Madison, Marion, Marshall, Mason, McCracken, Montgomery, Meade, Muhlenberg, Nelson, Oldham, Perry, Pike, Powell, Pulaski, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Todd, Warren, Wayne, Webster, Whitley, and Woodford.</p>

Program Name	<p><b>MRT© Parenting</b>  <i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i></p>
Program Description	<p>This Cognitive-Behavioral program focuses on family values and individual priorities, and is appropriate for all parents.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	<p>Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 sessions utilizing the 'Parenting and Family Values'© workbook.</p>
Program Credit	<p>This program receives <b>90</b> days program credit upon completion.</p>
Admission Criteria	<p><b>Prerequisite:</b> Offenders should be in an active parenting role of a minor child under the age of 18.</p> <p>All program recommendations are based on their specific criminogenic needs, as identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Adair, Ballard, Barren, Breckinridge, Bullitt, Calloway, Carter, Casey, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Grant, Graves, Grayson, Hardin, Henderson, Hopkins, Johnson, Knox, Larue, Leslie, Letcher, Marion, Marshall, Mason, McCracken, Montgomery, Nelson, Oldham, Perry, Pike, Pulaski, Shelby, Simpson, Taylor, Three Forks, Warren, Wayne, Webster, Whitley, and Woodford.</p>

Program Name	<p><b>MRT© Staying Quit</b></p> <p><i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i></p>
Program Description	<p>This Cognitive-Behavioral program is designed to assist with relapse prevention by helping offenders to recognize risky situations, cravings, and triggers. This program requires completion of eight (8) modules over a minimum of 8-10 group sessions. Groups are open-ended and require the completion of the 'Staying Quit'® workbook, as well as preparation of homework assignments outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 8-10 sessions.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	<p><b>Prerequisite:</b> Must have successfully completed a Substance Use Disorder Treatment program as approved by DOC on the current conviction and sentence.</p> <p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment and having a substance use history.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	Barren, Bullitt, Carter, Christian, Fulton, Grant, Hardin, Harlan, Marion, Marshall, Mason, Powell, and Shelby.

Program Name	<p><b>MRT© Mentor</b></p> <p><i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i></p>
Program Description	<p>The MRT© Mentoring program strives to ensure a higher success rate for those who have previously completed MRT©. A Mentor within the MRT© program will be held to a higher behavioral expectation than those participating in the MRT© group. Mentorship is beneficial for both the offender serving as the mentor, as well as for the offenders participating in the MRT© program. As a mentor, participants will complete steps 13-16 from their original 'How to Escape your Prison'© workbook, along with completing of the 'Your Lifework'© Workbook. Participants must also complete a total of twelve (12) dedicated 'helping sessions' where the mentor's focus is exclusively assisting regular MRT group participants with no focus on their own step work. A maximum of 3 mentors per MRT group of 15 (ratio of 1:5) shall assist in monitoring and assisting the current involved group with step completion while working through their own specific program curriculum.</p> <p>*MRT and KY DOC MRT Mentor certifications are required to facilitate this program.</p>
Time Frame	<p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>
Program Credit	<p>This program receives <b>90</b> days program credit upon completion.</p>
Admission Criteria	<p><b>Prerequisites:</b> completion of MRT© in the last 30 months. No convictions of major disciplinary violations or Violation of Supervision Reports for the preceding 6 months. Must still possess original 'How to Escape your Prison' workbook from MRT program completion. Must successfully demonstrate retention of MRT principles via essay questions submitted to program facilitator for review.</p> <p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Bullitt, Calloway, Campbell, Christian, Clay, Crittenden, Daviess, Fayette, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Henderson, Hopkins, Jackson, Johnson, Kenton, Knox, Leslie, Logan, Madison, Marion, Marshall, Mason, McCracken, Meade, Muhlenberg, Nelson, Perry, Pike, Powell, Pulaski, Rockcastle, Shelby, Simpson, Three Forks, Taylor, Todd, Warren, Wayne, and Woodford.</p>

Program Name	<p><b>MRT® – Thinking for Good</b></p> <p><i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i></p>
Program Description	<p>This Cognitive Behavioral program was developed to confront Anti-Social and Criminal Thinking errors.</p> <p>Completion entails 10 modules with a minimum of 10-12 group sessions utilizing the 'Thinking for Good'® Workbook, and the completion of homework assignments prepared outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	<p>Depending on offender needs and progression, the offender should expect to participate in a minimum of 10 – 12 group sessions.</p>
Program Credit	<p>This program receives <b>60</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Allen, Ballard, Barren, Boyd, Breckinridge, Bullitt, Calloway, Carter, Casey, Christian, Clay, Crittenden, Fayette, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Hopkins, Jackson, Johnson, Knox, Laurel, Leslie, Logan, Marion, Marshall, McCracken, Meade, Montgomery, Muhlenberg, Perry (KY River), Powell, Pulaski, Rockcastle, Russell, Shelby, Simpson, Taylor, Three Forks, Warren, Wayne, Webster, Whitley, and Woodford.</p>

Program Name	<p><b>MRT – Untangling Relationships</b></p> <p><i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i></p>
Program Description	<p>This Cognitive-Behavioral program focuses on providing treatment to offenders involved in addictive/co-dependent relationships – confronting the issues of manipulation and dependence. Targets domestic violence, unhealthy relationships, enabling, substance abusers and criminality. Offenders will be required to participate in a minimum of 12 group sessions, along with preparation of homework assignments outside of group. This program utilizes the ‘Untangling Relationships’® workbook.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	<p>Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the ‘Untangling Relationships’® workbook.</p>
Program Credit	<p>This program receives <b>90</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045  KRS 532.100(5)(d)</p>
Program Locations	<p>Allen, Ballard, Barren, Boyd, Breckinridge, Bullitt, Calloway, Carter, Casey, Christian, Clay, Crittenden, Daviess, Fayette, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Hopkins, Jackson, Johnson, Kenton, Knox, Larue, Laurel, Leslie, Logan, Marion, Marshall, Mason, McCracken, Meade, Montgomery, Perry, Powell, Pulaski, Russell, Shelby, Simpson, Three Forks, Warren, Wayne, Webster, Whitley, and Woodford.</p>

Program Name	<p><b>MRT© Trauma</b></p> <p><i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i></p>
Program Description	<p>This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary.</p> <p><b>A recovery program for Trauma-Informed care, Breaking the Chains of Trauma is based on the MRT approach. It is designed to target trauma-related symptoms by incorporating the key issues outlined by SAMHSA's Trauma-Informed Treatment Protocol.</b></p> <p>The workbook for this program is entitled 'Breaking the Chains of Trauma'© and includes the use of a separate facilitator guide. The workbooks are designated by gender, as this program requires separate groups for women &amp; men.</p> <p>*Training certification specific to the MRT Trauma (Breaking the Chains of Trauma) program is required to facilitate this program.</p>
Time Frame	<p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 9 -12 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>
Program Credit	<p>This program receives <b>60</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045</p>
Program Locations	<p>Ballard, Bullitt, Calloway, Casey, Christian, Clay, Crittenden, Fayette, Franklin, Fulton, Grant, Hardin, Hopkins, Jackson, Johnson, Kenton, Knox, Leslie, Logan, Marion, Marshall, Mason, Oldham, Powell, Pulaski, Rockcastle, Russell, Shelby, Simpson, Three Forks, Warren, Wayne, Whitley, Woodford.</p>

Program Name	<p><b>Employment Program</b></p> <p><i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i></p>
Program Description	<p>This Cognitive-Behavioral program is designed to assist offenders in job readiness. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Job Readiness'® workbook, resume preparation and completion, various supplemental materials, and the completion of homework assignments prepared outside of group.</p> <p>*MRT and Employment Program certifications are required to facilitate this program</p>
Time Frame	<p>Depending on offender needs and progression, offenders can expect to participate in a minimum of 9-12 group sessions.</p>
Program Credit	<p>This program receives <b>45</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement  CPP 30.2 Program Credit  CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance  KRS 197.045</p>
Locations	<p>Bullitt, Clay, Grayson, Logan, Marion, Rockcastle, Shelby, Simpson</p>

# Reentry Program

Program Name	PORTAL New Direction
Program Description	<p>This Life Skills program is designed to provide information and resources to address the most common reentry needs and barriers. Some barriers addressed in this program are housing, employment, transportation, money management, parenting, etc.</p> <p>*PORTAL New Direction certification is required to facilitate this program.</p>
Time Frame	Completion of this program is a minimum of 21 hours of group participation, and preparation and presentation of a Reentry/Maintenance plan in front of the group. PORTAL New Direction consists of 16-modules, facilitated no more than twice per week.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement</p> <p>CPP 30.2 Program Credit</p> <p>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance</p> <p>KRS 197.045</p> <p>KRS 532.100(5)(d)</p>
Locations	Allen, Ballard, Barren, Bourbon, Boyle, Breckinridge, Bullitt, Calloway, Carter, Casey, Christian, Clay, Daviess, Fayette, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Henderson, Hopkins, Jackson, Johnson, Kenton, Knox, Larue, Letcher, Logan, Marion, Mason, Meade, Montgomery, Nelson, Powell, Pulaski, Rockcastle, Rowan, Russell, Shelby, Simpson, Taylor, Three Forks, Todd, Warren, Wayne, and Woodford

# Addiction Services

Program Name	Substance Abuse Program – Jail
Program Description	<p>An <b>Evidence Based</b> Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder and classified to be housed in a jail setting. Residents in these programs are housed separately from the jail general population, thereby forming their own community. This encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment.</p> <p>Therapeutic Community Model which includes but not limited to:</p> <ul style="list-style-type: none"> <li>○ Practicing prosocial behaviors and attitudes;</li> <li>○ Experiencing success or failure through trial and error learning process;</li> <li>○ Being supported and guided by the community and staff;</li> <li>○ Internalizing new behaviors and attitudes and becoming accustomed to living them on a daily basis;</li> <li>○ Accountability is utilized by staff and offenders to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors;</li> <li>○ Organization through a structure board that creates clear and understandable expectations;</li> <li>○ Curriculum- Hazelden “New Direction”<sup>©</sup> Workbook Series (Intro to Treatment, Criminal &amp; Addictive Thinking, Drug &amp; Alcohol Drug Education, Socialization, Co-Occurring Disorders, Relapse Prevention, and Preparing For Release.)</li> </ul>
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<p>Confirmed Substance Use Disorder</p> <p>Less than 24 months to parole eligibility or serve out</p> <p>In accordance with DOC policy, no disciplinary violations equal to Category 5 or higher within last 60 days (exception Cat 6-14 and 6-15)</p> <p>Category 3-11 or 4 disciplinary violation shall be reviewed by clinical staff</p> <p>While enrolled in SAP an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.</p>
Applicable Policies	<p>CPP 30.6 Division of Addiction Services Substance Abuse Program</p> <p>KRS 197.045</p> <p>KRS 532.100(5)(d)</p>

Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), Bullitt County Detention Center (F), Christian County Detention Center (M), Daviess County Detention Center (M), Franklin County Detention Center (F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Powell County Detention Center (M), Pike County Detention Center (M/F), Shelby County Detention Center (M)
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Program Name	Substance Abuse Program Mentor – Jail
Program Description	<p>An <b>Evidence Based</b> ongoing Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder, have completed the SAP Program, and have been classified to be housed in a jail setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on substance use treatment.</p> <p>Therapeutic Community Model which includes but not limited to:</p> <ul style="list-style-type: none"> <li>○ Model prosocial behaviors and attitudes;</li> <li>○ Model success or failure through trial and error learning process;</li> <li>○ Model support and guidance to peers and staff in community;</li> <li>○ Model new behaviors, attitudes, and responsible living on a daily basis;</li> <li>○ Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers;</li> <li>○ Model leadership through structure board tasks assigned to create clear and understandable expectations;</li> <li>○ “Now That You’re Sober” or “The Art of Leadership” workbook</li> </ul>
Time Frame	Time frame for completion is an average of 6 months for SAP Mentor Program, but may continue as SAP Mentor as an assigned job.
Program Credit	This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SAP Mentor.
Admission Criteria	<p>Must have completed SAP.</p> <p>Individuals interested in becoming a SAP Mentor must submit an application and participate in an interview.</p> <p>Applicants will be selected who demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity.</p> <p>An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.</p> <p>While enrolled in SAP Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.</p>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)

Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), Bullitt County Detention Center (F), Christian County Detention Center (M), Daviess County Detention Center (M), Franklin County Detention Center (F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Powell County Detention Center (M), Pike County Detention Center (M/F), Shelby County Detention Center (M)
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Program Name	Outpatient SAP – Jail
Program Description	The Kentucky Department of Corrections contracts with detention centers to provide evidence based Substance Use Disorder treatment programming for individuals classified to a jail setting. Individuals assigned to the Outpatient SAP Jail program are clinically appropriate for IOP or lower level of care (determined by Addiction Services clinical staff). Individuals assigned to the Outpatient SAP Jail program are required to obtain a job within the jail and attend classes outside of work hours. Residents in these programs are housed separately from the jail general population, however the individuals do have contact with general population through their job duties.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<ul style="list-style-type: none"> <li>○ Division of Addiction Services Branch Manager or Program Administrator will review applications.</li> <li>○ Applicant's file review indicates evidence of a substance use disorder that requires treatment.</li> <li>○ In accordance with DOC policy, no disciplinary violations equal to Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15)</li> <li>○ Clinical staff on an individual basis shall review applicants with a Category 3-11 or Category 4 disciplinary violation.</li> <li>○ Shall be within 24 months of parole eligibility date or minimum expiration date.</li> <li>○ Applicant shall be deemed appropriate for this level of care by clinical staff within the Division of Addiction Services.</li> <li>○ Ultimate discretion for admission into the Substance Abuse Program shall remain with the Division of Addiction Services</li> </ul>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)
Program Locations	Not currently active in any locations.

Program Name	PSAP—Pretrial Substance Abuse Program
Program Description	Per KRS 196.285, individuals charged with Class C or D felony having no felony convictions within the past 10 years, may be eligible for treatment as an alternative to conviction. At initial incarceration, the Jail Pre-Trial Officer may alert the Division of Addiction Services Branch Manager or Program Administrator to conduct a clinical assessment to determine eligibility for SB4/PSAP. Upon an agreement between the judge, the commonwealth attorney, the offender in question, and his/her attorney, successful completion of a jail based treatment program may serve as an alternative to a felony conviction.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	Upon sentencing to DOC custody or supervision, this program receives <b>90</b> days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder In custody in a county jail for pending charges No felony convictions (in any state) within the past 10 years Not currently on probation or parole Must not be charged with a Class A or B felony, or a Sexual Offense under KRS 17.500 Currently charged with an offense under KRS 218A or another offense and has a record of recent/relevant substance use
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.8 Pretrial Substance Abuse Program (PSAP) KRS 196.285 KRS 197.045 KRS 532.100(5)(d)
Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), Bullitt County Detention Center (F), Christian County Detention Center (M), Daviess County Detention Center (M), Franklin County Detention Center (F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Kenton County Detention Center (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Powell County Detention Center (M), Pike County Detention Center (M/F), Shelby County Detention Center (M)

Program Name	SOAR Supporting Others in Active Recovery
Program Description	<p>Supporting Others in Active Recovery (SOAR) supports participants in their goal to stay in a safe and recovery supportive environment after completing their program. SOAR is targeted towards relapse prevention, education, and reentry skills/resources.</p> <p>SOAR participants are given evidence-based curriculum from Hazelden called MORE (My Ongoing Recovery Experience.) While enrolled in SOAR an inmate/participant may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program. SOAR inmate/participant may attend Portal New Directions and any variation of MRT at the assigned institution.</p> <p>SOAR participants who are not eligible to leave incarceration after completion of SOAR, are permitted and encouraged to remain in the SOAR dorm after completion. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates who choose to remain on the dorm are required to demonstrate leadership skills by leading educational groups, AA/NA, tutoring and mentoring active participants in SAP and SOAR.</p> <p>SOAR is also designed to encourage family communication and engagement. SOAR clients are given the opportunity to participate in Family Engagement events. During these events, family and participants are given an opportunity to learn the importance of family involvement and recovery.</p> <p>SOAR participants will have the opportunity to participate in the work release program or in-house jobs. Job assignments are based on seniority in the program, custody level, facility need, and client behavior. Job assignments will be determined by SOAR staff.</p>
Time Frame	Approximately six (6) Months, not to exceed (9) Months.
Program Credit	This program receives <b>90</b> days program credit upon completion. Participants may choose to continue to participate in the program after completion; however, no additional credit is awarded.
Admission Criteria	<p>SOAR Entry requirements:</p> <ul style="list-style-type: none"> <li>• Substance Abuse Program graduate.</li> <li>• MRT graduate if not recommended to complete SAP</li> <li>• Applicants shall have 60 days clear conduct of cat 3-11 or 4 and above. Division of Addiction Services staff will determine if a client will be placed on refocus or recommended reentry into SAP if evidence of substance use has occurred.</li> <li>• Must meet housing custody level requirements of the dorm location facility.</li> </ul>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.9 Supporting Others in Active Recovery (SOAR) Program KRS 197.045 KRS 532.100(5)(d)

Program  
Locations

Franklin (F), Fulton (M), Grant (M), Henderson (F), and Marion (M),

Program Name	SOAR Mentor
Program Description	<p>SOAR Mentors must demonstrate good leadership skills, utilize their life experience and program experience to help others currently enrolled in treatment. Mentors are instrumental in the link between staff and offenders. Mentors assist and address offender issues and concerns with support from staff.</p> <p>SOAR Mentors expectations:</p> <ul style="list-style-type: none"> <li>○ Model prosocial behaviors and attitudes;</li> <li>○ Model success or failure through the learning process;</li> <li>○ Model support and guidance to peers and staff in community;</li> <li>○ Model new behaviors, attitudes, and responsible daily living.</li> <li>○ Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers.</li> <li>○ Model leadership through structure board tasks assigned to create clear and understandable expectations.</li> <li>○ Hazelden- Now That You're Sober<sup>©</sup> workbook.</li> </ul> <p>While enrolled in SOAR Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program.</p>
Time Frame	Time frame is an average of 6 months for SOAR Mentor completion but may stay on as a SOAR Mentor as an assigned job assignment.
Program Credit	This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SOAR Mentor.
Admission Criteria	<p>Completion of SOAR prior to application.</p> <p>Individuals interested in becoming a SOAR Mentor must submit an application and participate in an interview.</p> <p>Applicants are approved by clinical staff.</p> <p>Applicants selected must demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity.</p> <p>An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.</p>
Applicable Policies	<p>CPP 30.6 Division of Addiction Services Substance Abuse Program</p> <p>CPP 30.9 Supporting Others in Active Recovery (SOAR) Program</p> <p>KRS 197.045</p> <p>KRS 532.100(5)(d)</p>
Program Locations	Franklin (F), Fulton (M), Grant (M), Henderson (F), and Marion (M),

# Academics

## Adult Education

GED®	
Course Description	This course is designed to help develop foundational to higher level knowledge and skills in reading, math, science, social studies, and written expression. The course will prepare students to earn a high school equivalency credential.
Course Length	Depending on student needs, students participate in this class for a varied length of time.
Educational Good Time (EGT)	<b>90</b> days upon successful completion of all GED® exam requirements
Admission Criteria	<ul style="list-style-type: none"><li>• All inmates without a GED® or a high school diploma are eligible to participate.</li></ul>
Course Content	The TABE assessments and GED® exams all align to the College and Career Readiness standards. Through pre-assessments and progress monitoring, course content is structured on an individual basis through the development of Individualized Learning Plans (ILP). This will range from foundational skills in each subject area to higher level thinking skills.
Applicable Policies	CPP 20.1 KRS 197.045
Institution Locations	Local detention centers that partner with KY Adult Education Centers offer GED® classes
Additional Information	Upon successful completion of a GED®, <ul style="list-style-type: none"><li>• The offender will receive their diploma or transcript from Kentucky Adult Education (KYAE).</li><li>• Upon successful completion of all GED® exam requirements, the Class D Coordinator submits the official transcript to Central Office at <a href="mailto:DOCEdu.Registrar@ky.gov">DOCEdu.Registrar@ky.gov</a> for a <b>90</b> day EGT award.</li></ul>

# Local Facilities Matrix

Matrix represents approved locations, not current programs facilitated within the facility.

PROGRAM	Credit	Adair	Allen	Ballard	Barren	Bell	Boone	Bourbon	Boyd	Boyle	Breckinridge	Bullitt	Butler	Calloway	Campbell	Carter	Casey	Christian	Clark	Clay
Employment Program	45											A								A
Moral Reconation Therapy EB	90	A	X	A	A				A	A	A	A	A	A	X	A	A	A	A	
MRT Mentor EB	90		X	X	X				X	X	X	A		T	X		A	A	X	
MRT Untangl Relationships EB	90		X	A	A				A		A	A		A		A	A	A	A	
MRT Anger Management EB	90	A	A	A	A				A		A	A	A	A		A	A	A	A	
MRT Parenting EB	90	X		A	A						A	X	A		A	A	A	A	X	
MRT Staying Quit EB	60				X							X				A	A	A		
MRT Thinking for Good EB	60		X	A	A				A		A	A		A		A	A	A	A	
MRT Trauma EB	60			X							A		A		A	A	A	A	A	
PORTAL New Direction LS	60		X	X	A			A		A	A	A		A		A	A	A	A	
SAP Male/Mentor EB	90								A		A	A						A		
SAP Female/Mentor EB	90											A								
PSAP EB	90									A	A	A						A		
Adult Basic Education EB	90	A	A	X	A	X	X	A	A	A	A	A	A	A	A	X	A	A	X	

## Legend

A	Actively being facilitated
T	Not facilitated in the last 30 days
X	Not facilitated in the last 60 days
N	New program added

PROGRAM	Credit	Crittenden	Daviess	Fayette	Floyd	Franklin	Fulton	Grant	Graves	Grayson	Greenup	Hardin	Harlan	Hart	Henderson	Hopkins	Jackson	Jefferson	Jessamine
Employment Program	45									X									
Moral Reconation Therapy EB	90	A	A	A		A	A	A	A	A	A	A	A		A	A	A		A
MRT Mentor EB	90	A	T	A			A	A	X	A	A	X			A	X	X		
MRT Untangl Relationships EB	90	A	A	A			A	A	A	A	A	A	A			A	A		
MRT Anger Management EB	90	A	A	A		A	A	A	A	A	A	A	A		A	A	X		A
MRT Parenting EB	90	A	A	A		A		A	A	X		X			A	A			
MRT Staying Quit EB	60						A	A				X	X						
MRT Thinking for Good EB	60	A		A			A	A	A	A	A	A	A		A		X		
MRT Trauma EB	60	A		A		A	A	A				A				A	A	A	
PORTAL New Direction LS	60		A	A			T	A	A	A	N	A	T		A	A			X
SAP Male/Mentor EB	90		A				A	A		A		A	A		A	A			
SAP Female/Mentor EB	90					A		A				A				A			
Outpatient SAP EB	90																		
SOAR/Mentor	90					A	A	A								A			
PSAP EB	90		A	A		A	A	A		A		A	A			A	A		
Adult Basic Education EB	90	A	A	A	X	X	A	A	A	A	A	A	A	X	A	A	A	X	X

Legend

A	Actively being facilitated
T	Not facilitated in the last 30 days
X	Not facilitated in the last 60 days
N	New program added

PROGRAM	Credit	Johnson	Kenton	Knox	Laurel	Larue	Leslie	Letcher	Logan	Madison	Marion	Marshall	Mason	McCracken	Meade	Montgomery	Muhlenberg
Employment Program	45								A		A						
Moral Reconation Therapy EB	90	A	A	A	A	A	A	A	T	X	A	A	A	A	A	A	A
MRT Mentor EB	90	A	X	A			A		X	X	A	X	X	X	X	X	A
MRT Untangl Relationships EB	90	A	A	A	A	A	A		A		A	A	A	A	A	A	
MRT Anger Management EB	90	A	A	A	X	A	A	T	A	X	A	A	A	A	A	A	A
MRT Parenting EB	90	A		A		A	A	A			A	A	A	A		X	
MRT Staying Quit EB	60										A	X	X				
MRT Thinking for Good EB	60	A		A	T		A		A		A	A		A	A	A	A
MRT Trauma EB	60	A	A	A			A		A		A	A	A				
PORTAL New Direction LS	60	A	X	A		A		A	A		A		A		A	N	
SAP Male/Mentor EB	90										A		A				
SAP Female/Mentor EB	90																
SOAR/Mentor	90										A						
PSAP EB	90										A		A				
Adult Basic Education EB	90	X	A	A	A	X	X	X	A	X	A	A	X	A	A	X	A

Legend

A	Actively being facilitated
T	Not facilitated in the last 30 days
X	Not facilitated in the last 60 days
N	New program added

PROGRAM	Credit	Nelson	Oldham	Perry KY	Pike	Powell	Pulaski	Rockcastle	Rowan	Russell	Scott	Shelby	Simpson	Taylor	Todd	Three Forks	Warren	Wayne	Webster	Whitley	Woodford
Employment Program	45							N			A	A									
Moral Reconation Therapy EB	90	A	A	A	A	A	A		A	X	X	A	A	A	A	A	A	A	A	A	A
MRT Mentor EB	90	X		A	X	A	A	X				A	X	X	X	A	X	X			A
MRT Untangl Relationships EB	90			A		X	A				A	A				A	A	A	A	A	A
MRT Anger Management EB	90	A	A	A	A	A	A	A	A	A	X	A	A	A	A	A	A	A	A	A	X
MRT Parenting EB	90	X	X	A	A		A					A	X	X		A	A	A	X	A	X
MRT Staying Quit EB	60					X						A									
MRT Thinking for Good EB	60			A		X	A	X		X		A	A	A		A	A	A	A	A	X
MRT Trauma EB	60		A			A	A	N		X		A	A			A	A	A		A	A
PORTAL New Direction LS	60	A				A	A	A	A	A		A	X	A	T	A	A	A			A
SAP Male/Mentor EB	90				A	A						A					A				
SAP Female/Mentor EB	90				A																
PSAP EB	90				A	A						A					A				
Adult Basic Education EB	90	X	X	A	X	X	A	X	A	A	X	A	A	A	A	A	A	A	A	X	X

Legend

A	Actively being facilitated
T	Not facilitated in the last 30 days
X	Not facilitated in the last 60 days
N	New program added