Addiction Services

Program Name	Outpatient Substance Abuse Treatment Program (SAP) (Prison)
Program Description	Participants are housed with general population offenders and report in the morning and afternoon for classes or group sessions. The primary curriculum for both programs is the Hazelden A New Direction© Series. Evidence-based interventions such as Cognitive Behavior Therapy, 12 step facilitation, Social Skills Training, Brief Intervention, and Relapse Prevention are also utilized. Offenders receive individual and group counseling services, as well as drug and alcohol education throughout the duration of programming. Evidence- based activities and learning tools, such as role-plays and skits, are incorporated in the daily schedule. Upon entering the program, each offender is assigned a primary counselor. The clinician and offender work together to develop an individualized treatment plan and eventually a continuum of care plan. This plan includes aftercare recommendation to be followed once released to active supervision.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis Applicants who are restricted to housing at the Kentucky State Reformatory or Little Sandy Correctional Complex for medical purposes or housed at Kentucky State Penitentiary and Eastern Kentucky Correctional Complex may be eligible for outpatient substance abuse program. Minimum-security female applicants for substance abuse programming, currently residing at Ross Cash may be eligible for the outpatient substance abuse program at Ross Cash.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	CKMCC, EKCC, KSP, KSR, LSCC and Ross Cash

Program Name	Substance Abuse Program (SAP) – Prison
Program Description	An **Evidence Based** Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder and housed in a prison setting. Residents in these programs are housed separately from the prison general population, thereby forming their own community. This encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment. Therapeutic Community Model which includes but not limited to: ○ Practicing prosocial behaviors and attitudes; ○ Experiencing success or failure through trial and error learning process; ○ Being supported and guided by the community and staff; ○ Internalizing new behaviors and attitudes and becoming accustomed to living them on a daily basis; ○ Accountability is utilized by staff and offenders to bring awareness to Criminal & Addictive Thinking Patterns and behaviors; ○ Organization through a structure board that creates clear and understandable expectations; ○ Curriculum- Hazelden "A New Direction"© Workbook Series (Intro to Treatment, Criminal & Addictive Thinking, Drug & Alcohol Drug Education, Socialization, Co-Occurring Disorders, Relapse Prevention, and Preparing For Release.)
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis While enrolled in SAP an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	BCC, GRCC, KCIW, LAC, LSCC, NTC, RCC, SSCC, WKCC

Program Name	Substance Abuse Program (SAP) Mentor – Prison
Program Description	An evidence based ongoing Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder, have completed the SAP Program, and have been classified to be housed in a prison setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on substance use treatment. Therapeutic Community Model which includes but not limited to: ○ Model prosocial behaviors and attitudes; ○ Model success or failure through trial and error learning process; ○ Model support and guidance to peers and staff in community; ○ Model new behaviors, attitudes, and responsible living on a daily basis; ○ Model appropriate accountability to bring awareness to Criminal & Addictive Thinking Patterns and behaviors for self and peers; ○ Model leadership through structure board tasks assigned to create clear and understandable expectations; ○ Hazelden "Now That You're Sober" © workbook
Time Frame	Time frame for completion is an average of 6 months for SAP Mentor Program. May continue as SAP Mentor as an assigned job.
Program Credit	This program receives **90** days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SAP Mentor.
Admission Criteria	Must have completed SAP prior to applying to become a SAP Mentor. Individuals must submit an application approved by clinical staff. Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. Applicants with any disciplinary violation shall be reviewed by clinical staff. While enrolled in SAP Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	BCC (M), EKCC (M), GRCC (M), KCIW (F), KSP (M), KSR (M), LAC (M), LSCC (M), NTC (M), RCC (M), Ross Cash (F), SSCC (M), WKCC (M)

Program Name	Substance Abuse Program Co-Occurring Disorder (SAP - COD)
Program Description	Individuals with verifiable histories of Substance Use Disorder and Mental Health Disorders are eligible to receive integrated treatment to address both mental health and substance use disorders in the SAP-COD (Substance Abuse Program Co-Occurring Disorder) program. Treatment is provided utilizing a modified therapeutic community model.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Participants must meet standard admission criteria. They must apply for mainstream substance abuse programming. If offenders are determined to have a mental health history, they are screened for appropriateness for the SAP-COD program. Applicant's file must indicate evidence of a substance use disorder and mental health disorder. Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis While enrolled in SAP- COD an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	KCIW and LLCC

Program Name	Substance Abuse Program Co-Occurring Disorder (SAP - COD) Mentor
Program Description	Individuals who have completed Co-Occurring Disorder SAP may participate in the mentoring program by serving as a mentor. Mentors serve as role models for participants and complete tasks as assigned by the administrator. Mentors are chosen at the discretion of the program administrator. Mentors are engaged in activities and assignments designed to teach leadership.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Must have completed SAP prior to applying to become a Mentor. Individuals must submit an application approved by clinical staff. Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. Applicants with any disciplinary violation shall be reviewed by clinical staff. While enrolled in SAP- COD Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 14.7 Sexual Abuse Prevention and Intervention Programs CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	KCIW and LLCC

Program Name	Supporting Others in Active Recovery (SOAR)
Program Description	Supporting Others in Active Recovery (SOAR) supports participants in their goal to remain in a safe and recovery supportive environment after completing their program. SOAR is targeted towards relapse prevention, education, and reentry skills/resources. SOAR participants are given evidence-based curriculum from Hazelden called MORE (My Ongoing Recovery Experience)©. While enrolled in SOAR an inmate/participant may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program. SOAR inmate/participant may attend Portal New Directions and any variation of MRT at the assigned institution. SOAR participants who are not eligible to leave incarceration after completion of SOAR may request to remain in the SOAR dorm after completion. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates who remain in the dorm are required to demonstrate leadership skills by leading educational groups, AA/NA, tutoring and mentoring active participants in SAP and SOAR. Clients who remain in the dorm after SOAR completion, are not eligible to receive an additional program good time credit for SOAR. SOAR is also designed to encourage family communication and engagement. SOAR participants are given the opportunity to participate in Family Engagement events. During these events, family and participants are given an opportunity to learn the importance of family involvement and recovery.
Time Frame	Approximately six (6) Months, not to exceed (9) Months.
Program Credit	This program receives **90** days program credit upon completion. Participants may choose to continue to participate in the program after completion, however no additional credit is awarded.
Admission Criteria	SOAR Entry requirements: • Substance Abuse Program graduate. • MRT graduate if not recommended to complete SAP. • Applicants shall have 60 days clear conduct of cat 3-11 or 4 and above. Division of Addiction Services staff will determine if a client will be placed on refocus or recommended reentry into SAP if evidence of substance use has occurred. • No break in custody since SAP completion. • Must complete SOTP prior to entry into SOAR, unless subject to KRS 197.045(4). • Must meet housing custody level requirements of the dorm location facility.

Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.9 Supporting Others in Active Recovery (SOAR) Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	NTC and BCC

Program Name	Supporting Others in Active Recovery (SOAR) Mentor
Program Description	SOAR Mentors demonstrate leadership skills and utilize their recovery program experience to help others currently enrolled in treatment. Mentors are instrumental in the link between staff and offenders. Mentors assist and address offender issues and concerns with support from staff. SOAR Mentors expectations: ○ Model prosocial behaviors and attitudes; ○ Model success or failure through the learning process; ○ Model support and guidance to peers and staff in community; ○ Model new behaviors, attitudes, and responsible living daily. ○ Model appropriate accountability to bring awareness to Criminal & Addictive Thinking Patterns and behaviors for self and peers. ○ Model leadership through structure board tasks assigned to create clear and understandable expectations. ○ Hazelden- Now That You're Sober© workbook. While enrolled in SOAR Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program.
Time Frame	Time frame for completion is an average of 6 months for SOAR Mentor completion but may stay on as a SOAR Mentor as an assigned job assignment.
Program Credit	This program receives **90** days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SOAR Mentor.
Admission Criteria	Completion of SOAR prior to application. Individuals interested in becoming a SOAR Mentor must submit an application and participate in an interview. Applicants are approved by clinical staff. Applicants selected must demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.9 Supporting Others in Active Recovery (SOAR) Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	NTC and BCC