Course Catalog of Offender Programs

Kentucky Department of Corrections Adult Institutions

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INTRODUCTION

Supporting a successful transition to the community and maintaining stability within the offender population is central to the mission of the Kentucky Department of Corrections. The Department protects public safety by ensuring that offenders receive programming to support their successful return to the community. Programs are standardized across the Department, implemented with dedicated resources, and regularly reviewed for quality assurance.

This practical guide was prepared to highlight the Department's programs. Each program summary in this directory contains key information: a Program Description, Time Frame, Admission Criteria, Program Content, Applicable Policies, and Locations.

The Department maintains a catalog of evidence-based, life skills, promising practice, and substance abuse programs to address a wide range of reentry, supervision, and incarceration needs. Program offerings vary based on available resources and the needs of the offender population. The Department of Corrections maintains a list of the programs that are currently available.

General Information

Definitions

Evidence Based Programs are programs demonstrated by scientific research to reliably produce reductions in recidivism.

Promising Practice represents a program that may have some research or data showing positive outcomes but does not meet criteria as an Evidence Based program. Promising practices have a clear focus and includes processes of accountability and evaluation.

Life Skills Programs provide strategies to assist in removing barriers for successful reintegration and address skill areas including time management, money management, use of technology, communication, and social skills.

Substance Abuse Programs are an evidence based drug treatment program for individuals with a substance use disorder.

Case Management An unstructured collaborative process of meeting with a member of the behavior management team/contract staff in a small group or individual setting, to discuss needs, progress in programming, conduct assessment of needs, safety planning, relapse prevention planning, and care coordination. Does not include attendance tracking or progress review.

Religious Program means a program that does not have a secular purpose or a program, which has a curriculum that advances or inhibits specific religion(s) and does not qualify for program credit.

Applicable Corrections Policies and Procedures:

CPP 10.2 Special Management Housing and Restrictive Housing
CPP 18.1 Classification of the Inmate
CPP 18.2 Central Office Classification Committee
CPP 30.1 Program Evaluation and Measurement
CPP 30.2 Program Credit
CPP 30.3 Risk and Needs Assessment and Quality Assurance
CPP 30.5 Sex Offender Treatment Program
CPP 30.6 Division of Addiction Services Substance Abuse Program

Disclaimer(s):

The Kentucky Department of Corrections provides this directory as a means of describing programs offered throughout the Department. This list contains information, which is updated quarterly, but programming offered is subject to change over time. Offenders shall not be able to complete the same program or course twice unless authorized staff have approved. Programs not listed in this course catalog are not eligible for sentence credit. Faith Based/Religious program shall not receive sentence credit. Offenders who are statutorily ineligible to receive the application of sentence credits will not receive credit for the completion of programs.

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Cognitive Behavioral Programs

Program Name	Challenges
Program Description	This **Evidence Based** program assists offenders with mental illness. It is intended to help them lead a more pro-social lifestyle by thinking more realistically and exhibiting healthier behaviors. Topics that are addressed include stress management, medication management, family history, relationship skills, socialization, coping with emotions, recreation, thinking errors, and substance abuse.
Time Frame	Depending on offender needs, this program lasts approximately six months. Groups are held daily and individual attention is offered weekly.
Program Credit	These programs receive **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment. This program targets offender that are clinically diagnosed with mental health issues.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	CKMCC & KSR

Program Name	CHALLENGES-SHARE
Program Description	This **Evidence Based** program assists offenders with mental illness and co-occurring mental illness and substance use disorder (SUD). The program is divided into two (2) treatment tracks – one for offenders diagnosed with serious mental illness (SMI) or other mental illness (MI) and one for offenders diagnosed with co-occurring (COD) MI and SUD. Services are targeted to include stress management, relapse prevention, family history, relationships skills, socialization, coping with emotions, and thinking errors, integrating the twelve-step model with the peer-driven therapeutic community model, supplemented with licensed mental health professionals to provide direct services and support.
Time Frame	Depending on offender needs and progress, offenders can expect to participate for a minimum of 6 months.
Program Credit	This program receive **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment. Offenders may be referred to CHALLENGES-SHARE if they have a diagnosis of a serious mental illness or other mental illness (SMI/MI track) or a diagnosis of a co-occurring MI and SUD (COD track).
Applicable Policies	CPP 30.1 Program Evaluation and Measurement ; CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing KRS 197.045
Program Locations	KCIW

Program Name	Challenges-Share Mentor
Program Description	This **Evidence Based** on-going mental health and co-occurring disorders treatment opportunity for those assessment with mental health or co-occurring disorder, have completed the Challenges-Share Program, and have been classified to be housed in a prison setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on mental health and co-occurring disorders treatment. Therapeutic Community Model which includes, but is not limited to: ■ Model prosocial behaviors and attitudes; ■ Model success or failure through trial and error learning process; ■ Model support and guidance to peers and staff in the community; ■ Model new behaviors, attitudes, and responsible living on a daily basis; ■ Model appropriate accountability to bring awareness to criminal & addictive thinking patterns and behaviors for self and peers; ■ Model leadership through tasks designed to create clear and understandable expectations; ■ Model appropriate interpersonal boundaries, conflict resolution, and stress coping skills; ■ Hazelden "Living with Co-occurring and Mental Health Disorders" © ■ New Harbinger "The Addiction Recovery Skills Workbook" ©
Time Frame	Time frame for completion is an average of **6 months** for Challenges-Share Mentor Program. May continue as Challenges-Share Mentor as an assigned job.
Program Credit	This program receives **90** days program credit upon completion. Additional credit is not awarded if transitioned into the assigned job of Challenges-Share Mentor.
Admission Criteria	1) Must have successfully completed the Challenges-Share Program or predecessor program; 2) Must submit an application and have completed an interview with staff and receive staff recommendation; 3) Applicants selected demonstrate strong leadership skills, effective communication skills, honesty, and integrity; 4) Applicants with any disciplinary violations will be reviewed and considered by staff on a case-by-case basis. 5) While enrolled in Challenges-Share Mentor program, an inmate/offender may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program. 6) Minimum of 6 months to parole eligibility

Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Locations	KCIW

Program Name	Employment Program *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive-Behavioral program is designed to assist offenders in job readiness. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Job Readiness'© workbook, resume preparation and completion, various supplemental materials, and the completion of homework assignments prepared outside of group. *MRT and Employment Program certifications are required to facilitate this program.
Time Frame	Depending on offender needs and progression, offenders can expect to participate in a minimum of 9-12 group sessions.
Program Credit	This program receives **45** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment. Offenders should be within 24 months prior to release.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Locations	BCC, BCFC, EKCC, KCIW, KSP, LAC, LLCC, LSCC, NTC, RCC, SSCC, & WKCC

Program Name	Getting Started
Program Description	This **Evidence Based** program utilizes interactive journaling materials from the Change Companies and is designed to serve a very specialized population: offenders who have a substance abuse history and require training and treatment of pre-contemplation in order to trigger the drive and motivation to enroll and complete the Substance Abuse Program.
Time Frame	Depending on offender needs, this program lasts approximately six months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	EKCC, KCIW, KSP, LAC, LLCC, NTC, RCC, and WKCC

Program Name	Go Further
Program Description	This **Evidence Based** program is a specialized CoreCivic program offered at Lee Adjustment Center. Offenders enrolled in this program participate in a 4-part process to release from incarceration. Parts include On Ramp, Highway, Off Ramp, and Destination. This program walks an offender from the beginning of his incarceration to the end and reentry to the community. This is an evidence based, interactive journaling program.
Time Frame	Depending on offender needs, this program lasts approximately six months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	LAC

Program Name	MRT© Moral Reconation Therapy *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This **Evidence Based** program combines group presentations and individual assignments, along with facilitator guidance when necessary. The program was designed in a criminal justice setting for offenders involved in the criminal justice system. MRT© targets an offender's belief system and attempts to raise their level of moral reasoning in their decision-making process. The MRT© program has been researched for over thirty years and has proven reduction in recidivism levels at multiple points of progress within the program, as well as after overall program completion. MRT© is designed to achieve formal program completion after 12 in-group steps. The workbook for this program is entitled 'How to Escape Your Prison'© and includes the use of a separate facilitator guide. *MRT certification is required to facilitate this program.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	All 15 Adult Facilities

Program Name	MRT© Anger Management *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive-Behavioral program is designed to assist offenders in recognizing and overcoming anger. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Coping with Anger'© workbook, various supplemental materials, and the completion of homework assignments prepared outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, offenders can expect to participate in a minimum of 10-12 group sessions.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, BCFC, CKMCC, EKCC, GRCC, KCIW, KSP, KSR, LAC, LLCC, LSCC, NTC, RCC, SSCC, WKCC and Ross Cash.

Program Name	MRT© Parenting *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive-Behavioral program focuses on family values and individual priorities, and is appropriate for all parents. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 sessions utilizing the 'Parenting and Family Values'© workbook.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	**Prerequisite:** Offenders should be in an active parenting role of a minor child under the age of 18. All program recommendations are based on their specific criminogenic needs, as identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, BCFC, EKCC, GRCC, KCIW, KSP, LAC, LLCC, LSCC, NTC, RCC, SSCC, and WKCC

Program Name	MRT© Staying Quit *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive-Behavioral program is designed to assist with relapse prevention by helping offenders to recognize risky situations, cravings, and triggers. This program requires completion of eight (8) modules over a minimum of 8-10 group sessions. Groups are open-ended and require the completion of the 'Staying Quit'© workbook, as well as preparation of homework assignments outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, the offender should expect to participate for a minimum of 8-10 sessions.
Program Credit	This program receives **60** days program credit upon completion.
Admission Criteria	**Prerequisite:** Must have successfully completed a Substance Use Disorder Treatment program as approved by DOC on the current conviction and sentence. All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment and having a substance use history.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, EKCC, GRCC, KCIW, KSP, LAC, LSCC, NTC, RCC, and WKCC

Program Name	MRT© – Thinking for Good *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive Behavioral program was developed to confront Anti-Social and Criminal Thinking errors. Completion entails 10 modules with a minimum of 10-12 group sessions utilizing the 'Thinking for Good'© Workbook, and the completion of homework assignments prepared outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 10 – 12 group sessions.
Program Credit	This program receives **60** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCFC, CKMCC, EKCC, GRCC, KCIW, KSP, LAC, LLCC, LSCC, NTC, RCC, Ross Cash, SSCC, and WKCC

Program Name	MRT© – Untangling Relationships *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This Cognitive-Behavioral program focuses on providing treatment to offenders involved in addictive/co-dependent relationships – confronting the issues of manipulation and dependence. Targets domestic violence, unhealthy relationships, enabling, substance abusers and criminality. Offenders will be required to participate in a minimum of 12 group sessions, along with preparation of homework assignments outside of group. This program utilizes the 'Untangling Relationships'© workbook. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the 'Untangling Relationships'© workbook.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, BCFC, EKCC, GRCC, KCIW, KSP, LAC, LLCC, LSCC, NTC, RCC, and WKCC/Ross Cash

Program Name	MRT© Mentor *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	The MRT© Mentoring program strives to ensure a higher success rate for those who have previously completed MRT©. A Mentor within the MRT© program will be held to a higher behavioral expectation than those participating in the MRT© group. Mentorship is beneficial for both the offender serving as the mentor, as well as for the offenders participating in the MRT© program. As a mentor, participants will complete steps 13-16 from their original 'How to Escape your Prison'© workbook, along with completing of the 'Your Lifework'© Workbook. Participants must also complete a total of twelve (12) dedicated 'helping sessions' where the mentor's focus is exclusively assisting regular MRT group participants with no focus on their own step work. A maximum of 3 mentors per MRT group of 15 (ratio of 1:5) shall assist in monitoring and assisting the current involved group with step completion while working through their own specific program curriculum. * MRT and KY DOC MRT Mentor certification are required to facilitate this program.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	**Prerequisites:** completion of MRT© in the last 30 months. No convictions of major disciplinary violations or Violation of Supervision Reports for the preceding 6 months. Must still possess original 'How to Escape your Prison' workbook from MRT program completion. Must successfully demonstrate retention of MRT principles via essay questions submitted to program facilitator for review. All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, BCFC, EKCC, GRCC, KCIW, KSP, KSR, LAC, LLCC, LSCC, NTC, RCC, SSCC, and WKCC/Ross Cash

Program Name	MRT© Trauma *MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.*
Program Description	This **Evidence Based** program combines group presentations and individual assignments, along with facilitator guidance when necessary. **A recovery program for Trauma-Informed care, Breaking the Chains of Trauma is based on the MRT approach. It is designed to target trauma-related symptoms by incorporating the key issues outlined by SAMHSA's Trauma-Informed Treatment Protocol.** The workbook for this program is entitled 'Breaking the Chains of Trauma'© and includes the use of a separate facilitator guide. The workbooks are designated by gender, as this program requires separate groups for women & men. *Training certification specific to the MRT Trauma (Breaking the Chains of Trauma) program is required to facilitate this program.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 9 -12 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives **60** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	BCC, BCFC, CKMCC, EKCC, GRCC, KCIW, KSP, KSR, LAC, LLCC, LSCC, NTC, RCC, SSCC, and WKCC/Ross Cash

Program Name	RHU - Short Term Behavioral Modification
Program Description	This program is designed to help offenders identify thinking patterns that will assist them in the assessment of emotional and cognitive reasoning. Offenders will engage in cognitive behavioral restructuring using a structured manual that encompasses the following subjects: active listening, successful change, responsible behavior, taking responsibility, cognitive behavioral chains, and identification of high-risk situations.
Time Frame	Offenders complete within 8 weeks (meeting within the Restrictive Housing Unit for 4 weeks and in General Population/Transition for 4 weeks)
Program Credit	**Offenders will complete the program when: 1) offender transitions to general population, 2) completes curriculum under program standards, 3) abstains from disciplinary infraction 3.11, cat 4 or higher for 90 days post transition to general population.** **Offender will receive 30 days program credit upon completion.**
Admission Criteria	Offenders must currently be in Extended Restrictive Housing as Administrative Control or Disciplinary Segregation with more than 30 days accumulative penalties. The offender poses a direct threat to the safety of persons or a clear threat to the safe and secure operations of the facility and is placed in restrictive housing.
Applicable Policies	CPP 10.2 Special Management Housing and Restrictive Housing CPP 18.1 Classification of the Inmate CPP 18.2 Central Office Classification Committee
Locations	KSP and EKCC

Program Name	RHU - Administrative Behavioral Modification
Program Description	This program is designed specifically for women and assists offenders in working through the transtheoretical model of change using a multimodal approach. Offenders learn a multitude of behavioral modification strategies along with evidence-based coping skills and techniques. This is accomplished through SMART goal setting, safety and relapse prevention planning, exploration, motivation enhancing/discrepancy building exercises, journaling, group meetings, case management, and the confrontation of distorted belief systems.
Time Frame	This program meets incrementally as offenders progress through the curriculum. The first part of programming occurs in the Restrictive Housing Unit (inclusive of 2 subphases) before clients transition to General Population to complete remaining Case Management**.**
Program Credit	**Offenders will complete the program when: 1) offender transitions to general population, 2) completes curriculum under program standards, 3) abstains from disciplinary infraction 3.11, cat 4 or higher for 90 days post transition to general population.** **Offender will receive 45 days program credit upon completion.**
Admission Criteria	Offenders must currently be in Extended Restrictive Housing as Administrative Control or Disciplinary Segregation with more than 30 days accumulative penalties. The offender poses a direct threat to the safety of persons or a clear threat to the safe and secure operations of the facility and is placed in restrictive housing.
Applicable Policies	CPP 10.2 Special Management Housing and Restrictive Housing CPP 18.1 Classification of the Inmate CPP 18.2 Central Office Classification Committee
Locations	KCIW

Program Name	RHU - Extended Behavioral Modification
Program Description	This step-down program parallels a progressive/transitional model that follows the theoretical and practical underpinnings within its evidence-based approach. Through the utilization of the Violent Risk Scale offenders are progressively assessed and later led through stages of change and rehabilitation through a series of Interactive Journaling© books, Seeking Safety modules and Cognitive Self Change discussion and treatment points. The blend of these modalities provides for a perfect dosage, frequency, and diversity in exercises to treat even the most treatment-resistant offenders.
Time Frame	This program meets incrementally as offenders progress through the curriculum. Phase 1 in the Restrictive Housing Unit and Phase 2 in General Population to include Seeking Safety group and case management.
Program Credit	**Offenders will complete the program when: 1) offender transitions to general population, 2) completes curriculum under program standards, 3) attend all sessions to include case management and group, 4) abstains from disciplinary infraction 3.11, cat 4 or higher for 180 days post transition to the general population.** **Offender will receive 90 days program credit upon completion.**
Admission Criteria	Offenders are referred to the RHU Transition Unit during Central Office Classification Committee Administrative Control hearings. Typically, the Classification committee and/or Warden have recommended it during their findings.
Applicable Policies	CPP 10.2 Special Management Housing and Restrictive Housing CPP 18.1 Classification of the Inmate CPP 18.2 Central Office Classification Committee
Locations	WKCC

Program Name	RHU – Transitional Behavioral Modification
Program Description	This step-down program parallels a progressive/transitional model that follows the theoretical and practical underpinnings within its evidence-based approach. Through the utilization of the Violent Risk Scale offenders are progressively assessed and later led through stages of change and rehabilitation through a series of Interactive Journaling© books, Seeking Safety modules and Cognitive Self Change discussion and treatment points. The blend of these modalities provides for a perfect dosage, frequency, and diversity in exercises for offenders who pose the highest risk.
Time Frame	This program meets incrementally as offenders progress through the curriculum. Phase 1 in the Restrictive Housing Unit and Phase 2 in General Population to include Seeking Safety group and maintaining case management.
Program Credit	**Offenders will complete the program when: 1) offender transitions to general population, 2) completes curriculum under program standards, 3) attend all sessions to include case management and group, 4) abstains from disciplinary infraction 3.11, cat 4 or higher for 180 days post transition to the general population.** **Offender will receive 90 days program credit upon completion.**
Admission Criteria	Offenders must currently be in Extended Restrictive Housing as Administrative Control or Disciplinary Segregation with more than 30 days accumulative penalties. The offender poses a direct threat to the safety of persons or a clear threat to the safe and secure operations of the facility and is placed in restrictive housing.
Applicable Policies	CPP 10.2 Special Management Housing and Restrictive Housing CPP 18.1 Classification of the Inmate CPP 18.2 Central Office Classification Committee
Locations	RHU Phase: EKCC and KSP GP Phase: EKCC, GRCC, KSP, KSR, LAC, LSCC, NTC, RCC, SSCC, and WKCC

Program Name	The Bridges Program
Program Description	This **Evidence Based** program utilizes an independent assessment (to develop and guide treatment), along with multiple phases and interventions of treatment including group, individual, milieu, and peer support. Treatment focuses on the psychological and social components that increase the risk of engaging in criminal behavior. The Bridge Program will target male clients between the ages of 18 – 26 who are between 1 and 10 years to the parole board / ultimate date.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to achieve formal program completion after approximately 12 months and three total phases (Phase I – Assessment & Orientation, Phase II – Working Phase, Phase III – Digging Deep).
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment. Additionally, this program has prerequisites of the following criteria: male clients between the ages of 18 – 26, have a KYRAS score of medium or higher, and a custody score of medium or maximum. They must also receive a clinical review to establish that the treatment need matches the treatment offered.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Locations	**Pilot: Luther Luckett Correctional Complex *** *Additional locations may be added as pilot progresses.

Program Name	The Bridges Mentor Program
Program Description	This **Evidence Based** program utilizes a clinical interview and treatment planning to tailor treatment to individuals within the program. The Bridge Mentor Program will target male graduates of The Bridges Program who have demonstrated significant personal growth in their treatment needs and have a desire to assist others obtain similar gains. During this program, participants will continue to receive group treatment to continue personal growth and expand their ability to effectively support peer growth.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to achieve formal program completion after 12 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment. Additionally, this program has prerequisites of the following criteria: male clients must be a graduate of The Bridge Program or Healthy Lifestyles program, receive a recommendation from staff, and complete an interview.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Locations	**Pilot: Luther Luckett Correctional Complex *** *Additional locations may be added as pilot progresses.

Program Name	Sex Offender Treatment Program
Program Description	This **Evidence Based** treatment program consists of individual and group counseling geared to provide tools that offenders can use for controlling their sexually assaultive behavior. Offenders apply and are screened for acceptance into the program. The program provides treatment for sex offenders to allow them to manage their deviant behavior and thoughts. The program primarily provides cognitive-behavioral group treatment based on Relapse Prevention Principles. The Program blends an overarching consistent framework of tasks with recognition that each offender has unique individual dynamic risk factors.
Time Frame	Depending on inmate needs and progression, this treatment program may take from 24 months to 30 months to complete.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	This treatment program is statutorily required based on the inmate's crime and conviction date.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.5 Sex Offender Treatment Program KRS 197.045
Locations	CKMCC, KCIW, KSR, LLCC, LSCC, and NTC

Program Name	Strategies to Empower People (STEP)
Program Description	The Strategies to Empower People (STEP) program is a 6-month mental health program housed at Little Sandy Correctional Complex. The target population is individuals with Severe Mental Illness (SMI) diagnoses, and/or documented, or suspected, intellectual disabilities. As opposed to the STAR program, STEP participants are housed in general population. The mission for the program is to provide participants with the skills necessary to live successfully in general population, by gaining knowledge and skills related to mental illnesses and recovery and improving social skills and self-care. This program provides a therapeutic environment with daily access to support, through assisted living aides, social services clinicians (SSCs), licensed mental health providers, and other institutional staff. Participants can sign up for other programs provided at the institution concurrently with STEP, if it does not interfere with STEP programming.
Time Frame	Depending on offender needs, this program lasts approximately six months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment. This program targets offender that are clinically diagnosed with mental health issues and/or documented, or suspected, intellectual disabilities
Applicable Policies	**CPP 30.1 Program Evaluation and Measurement** **CPP 30.2 Program Credit** **CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance** **KRS 197.045**
Program Locations	LSCC

Program Name	STAR
Program Description	This **Promising Practice** is a residential treatment program in CPTU for men who have been identified as needing intensive mental health services. These men demonstrate significant impairment in different areas of functioning, resulting in their inability to attend or complete other programs offered at KSR and other institutions. Potential participants undergo a thorough review process in order to determine program suitability.
Time Frame	Timeframe of this program depends on offender needs and progression with this specialized population.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance CPP 13.13 Behavioral Health Services KRS 197.045
Program Locations	CKMCC & KSR

Program Name	Threshold
Program Description	This **Evidence Based** program is a non-residential setting as to promote an atmosphere of peer accountability and sharing at Lee Adjustment Center. The program focuses on life controlling issues, life literacy, relationships, and spiritual formation.
Time Frame	Depending on offender needs and progression, this program meets for 4 hours per week for 6 months and is augmented by other resources to allow for individual goal development.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	LAC

Reentry Program

Program Name	PORTAL New Direction
Program Description	This **Life Skills** program is designed to provide information and resources to address the most common reentry needs and barriers. Some barriers addressed in this program are housing, employment, transportation, money management, parenting, etc. *PORTAL New Direction certification is required to facilitate this program.
Time Frame	Completion of this program is a minimum of 21 hours of group participation, and preparation and presentation of a Reentry/Maintenance plan in front of the group. PORTAL New Direction consists of 16-modules, facilitated no more than twice per week.
Program Credit	This program receives **60** days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045
Program Locations	All 15 Adult Facilities

Addiction Services

Program Name	Outpatient Substance Abuse Treatment Program (SAP) (Prison)
Program Description	Participants are housed with general population offenders and report in the morning and afternoon for classes or group sessions. The primary curriculum for both programs is the Hazelden A New Direction© Series. Evidence-based interventions such as Cognitive Behavior Therapy, 12 step facilitation, Social Skills Training, Brief Intervention, and Relapse Prevention are also utilized. Offenders receive individual and group counseling services, as well as drug and alcohol education throughout the duration of programming. Evidence- based activities and learning tools, such as role-plays and skits, are incorporated in the daily schedule. Upon entering the program, each offender is assigned a primary counselor. The clinician and offender work together to develop an individualized treatment plan and eventually a continuum of care plan. This plan includes aftercare recommendation to be followed once released to active supervision.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis Applicants who are restricted to housing at the Kentucky State Reformatory or Little Sandy Correctional Complex for medical purposes or housed at Kentucky State Penitentiary and Eastern Kentucky Correctional Complex may be eligible for outpatient substance abuse program. Minimum-security female applicants for substance abuse programming, currently residing at Ross Cash may be eligible for the outpatient substance abuse program at Ross Cash.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	CKMCC, EKCC, KSP, KSR, LSCC and Ross Cash

Program Name	Substance Abuse Program (SAP) – Prison
Program Description	An **Evidence Based** Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder and housed in a prison setting. Residents in these programs are housed separately from the prison general population, thereby forming their own community. This encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment. Therapeutic Community Model which includes but not limited to: ○ Practicing prosocial behaviors and attitudes; ○ Experiencing success or failure through trial and error learning process; ○ Being supported and guided by the community and staff; ○ Internalizing new behaviors and attitudes and becoming accustomed to living them on a daily basis; ○ Accountability is utilized by staff and offenders to bring awareness to Criminal & Addictive Thinking Patterns and behaviors; ○ Organization through a structure board that creates clear and understandable expectations; ○ Curriculum- Hazelden "A New Direction"© Workbook Series (Intro to Treatment, Criminal & Addictive Thinking, Drug & Alcohol Drug Education, Socialization, Co-Occurring Disorders, Relapse Prevention, and Preparing For Release.)
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis While enrolled in SAP an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	BCC, GRCC, KCIW, LAC, LSCC, NTC, RCC, SSCC, WKCC

Program Name	Substance Abuse Program (SAP) Mentor – Prison
Program Description	An evidence based ongoing Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder, have completed the SAP Program, and have been classified to be housed in a prison setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on substance use treatment. Therapeutic Community Model which includes but not limited to: ○ Model prosocial behaviors and attitudes; ○ Model success or failure through trial and error learning process; ○ Model support and guidance to peers and staff in community; ○ Model new behaviors, attitudes, and responsible living on a daily basis; ○ Model appropriate accountability to bring awareness to Criminal & Addictive Thinking Patterns and behaviors for self and peers; ○ Model leadership through structure board tasks assigned to create clear and understandable expectations; ○ Hazelden "Now That You're Sober" © workbook
Time Frame	Time frame for completion is an average of 6 months for SAP Mentor Program. May continue as SAP Mentor as an assigned job.
Program Credit	This program receives **90** days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SAP Mentor.
Admission Criteria	Must have completed SAP prior to applying to become a SAP Mentor. Individuals must submit an application approved by clinical staff. Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. Applicants with any disciplinary violation shall be reviewed by clinical staff. While enrolled in SAP Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	BCC (M), EKCC (M), GRCC (M), KCIW (F), KSP (M), KSR (M), LAC (M), LSCC (M), NTC (M), RCC (M), Ross Cash (F), SSCC (M), WKCC (M)

Program Name	Substance Abuse Program Co-Occurring Disorder (SAP - COD)
Program Description	Individuals with verifiable histories of Substance Use Disorder and Mental Health Disorders are eligible to receive integrated treatment to address both mental health and substance use disorders in the SAP-COD (Substance Abuse Program Co-Occurring Disorder) program. Treatment is provided utilizing a modified therapeutic community model.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Participants must meet standard admission criteria. They must apply for mainstream substance abuse programming. If offenders are determined to have a mental health history, they are screened for appropriateness for the SAP-COD program. Applicant's file must indicate evidence of a substance use disorder and mental health disorder. Less than 36 months to parole eligibility or serve out No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis While enrolled in SAP- COD an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	KCIW and LLCC

Program Name	Substance Abuse Program Co-Occurring Disorder (SAP - COD) Mentor
Program Description	Individuals who have completed Co-Occurring Disorder SAP may participate in the mentoring program by serving as a mentor. Mentors serve as role models for participants and complete tasks as assigned by the administrator. Mentors are chosen at the discretion of the program administrator. Mentors are engaged in activities and assignments designed to teach leadership.
Time Frame	Time frame for completion is an average of 6 months.
Program Credit	This program receives **90** days program credit upon completion.
Admission Criteria	Must have completed SAP prior to applying to become a Mentor. Individuals must submit an application approved by clinical staff. Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. Applicants with any disciplinary violation shall be reviewed by clinical staff. While enrolled in SAP- COD Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition anyone eligible to attend GED may do so and this will not count as the one additional program.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 14.7 Sexual Abuse Prevention and Intervention Programs CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	KCIW and LLCC

Program Name	Supporting Others in Active Recovery (SOAR)
Program Description	Supporting Others in Active Recovery (SOAR) supports participants in their goal to remain in a safe and recovery supportive environment after completing their program. SOAR is targeted towards relapse prevention, education, and reentry skills/resources. SOAR participants are given evidence-based curriculum from Hazelden called MORE (My Ongoing Recovery Experience)©. While enrolled in SOAR an inmate/participant may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program. SOAR inmate/participant may attend Portal New Directions and any variation of MRT at the assigned institution. SOAR participants who are not eligible to leave incarceration after completion of SOAR may request to remain in the SOAR dorm after completion. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates who remain in the dorm are required to demonstrate leadership skills by leading educational groups, AA/NA, tutoring and mentoring active participants in SAP and SOAR. Clients who remain in the dorm after SOAR completion, are not eligible to receive an additional program good time credit for SOAR. SOAR is also designed to encourage family communication and engagement. SOAR participants are given the opportunity to participate in Family Engagement events. During these events, family and participants are given an opportunity to learn the importance of family involvement and recovery.
Time Frame	Approximately six (6) Months, not to exceed (9) Months.
Program Credit	This program receives **90** days program credit upon completion. Participants may choose to continue to participate in the program after completion, however no additional credit is awarded.
Admission Criteria	SOAR Entry requirements: • Substance Abuse Program graduate. • MRT graduate if not recommended to complete SAP. • Applicants shall have 60 days clear conduct of cat 3-11 or 4 and above. Division of Addiction Services staff will determine if a client will be placed on refocus or recommended reentry into SAP if evidence of substance use has occurred. • No break in custody since SAP completion. • Must complete SOTP prior to entry into SOAR, unless subject to KRS 197.045(4). • Must meet housing custody level requirements of the dorm location facility.

Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.9 Supporting Others in Active Recovery (SOAR) Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	NTC and BCC

Program Name	Supporting Others in Active Recovery (SOAR) Mentor
Program Description	SOAR Mentors demonstrate leadership skills and utilize their recovery program experience to help others currently enrolled in treatment. Mentors are instrumental in the link between staff and offenders. Mentors assist and address offender issues and concerns with support from staff. SOAR Mentors expectations: ○ Model prosocial behaviors and attitudes; ○ Model success or failure through the learning process; ○ Model support and guidance to peers and staff in community; ○ Model new behaviors, attitudes, and responsible living daily. ○ Model appropriate accountability to bring awareness to Criminal & Addictive Thinking Patterns and behaviors for self and peers. ○ Model leadership through structure board tasks assigned to create clear and understandable expectations. ○ Hazelden- Now That You're Sober© workbook. While enrolled in SOAR Mentor an inmate /offender may enroll in one (1) other evidence-based program. In addition, anyone eligible to attend GED may do so and this will not count as the one additional program.
Time Frame	Time frame for completion is an average of 6 months for SOAR Mentor completion but may stay on as a SOAR Mentor as an assigned job assignment.
Program Credit	This program receives **90** days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SOAR Mentor.
Admission Criteria	Completion of SOAR prior to application. Individuals interested in becoming a SOAR Mentor must submit an application and participate in an interview. Applicants are approved by clinical staff. Applicants selected must demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.9 Supporting Others in Active Recovery (SOAR) Program CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing CPP 18.15 Protective Custody KRS 197.045
Program Locations	NTC and BCC

Adult Institutions Prison Matrix

Note: Matrix represents approved locations, not current programs facilitated within the facility.

Program	Program cred.it	BCFC	BCC	CKMCC	EKCC	GRCC	KCIW	KSP	KSR	LAC	LSCC	LLCC	NTC	RCC	SSCC	WKCC	Ross Cash
Challenges EB	90			A					A								
Challenges – SHARE EB	90						A										
Challenges – SHARE Mentor EB	90						A										
Employment Program	45	A	A		A		A	A		A	A	X	A	A	A	A	
Getting Started EB	90				A		A	A		A		X	A	A		A	
Go Further EB	90									A							
The Bridges Program EB	90											A					
The Bridges Program Mentor EB	90											A					
MRT - Anger Management EB	90	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
MRT- Moral Reconation Therapy EB	90	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
MRT - Mentor EB	90	A	A		A	A	A	A	N	A	A	A	A	A	A	A	A
MRT - Parenting EB	90	A	A		A	A	A	A		A	A	A	A	A	A	A	
MRT – Staying Quit EB	60		A		A	A	A	A		A	A		A	A		A	
MRT – Thinking for Good EB	60	A		A	A	A	A	A		A	A	A	A	A	A	A	N
MRT – Untangling Relationships EB	90	A	A		A	A	A	A		A	A	A	A	A		A	A
MRT – Trauma EB	60	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
Outpatient – SAP EB	90			A	A			A	A		A						A
PORTAL New Direction LS	60	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
RHU – Short Term BMOD EB	30				A			A									
RHU - Administrative BMOD EB	45						A										
RHU – Extended BMOD EB	90															X	
RHU Transition Program EB	90				A	A		A	X	X	A		A	X	X	X	
SAP – COD EB	90						A					A					
SAP – COD Mentor EB	90						A					A					
Sex Offender Treatment EB	90			A			A		A		A	A	A				
SOAR EB	90		A										A				
SOAR Mentor EB	90		A										A				
STAR PP	90			A					A								
STEP EB	90										A						
Substance Abuse Mentor EB	90		A		A	A	A	A	A	A	A		A	A	A	A	A
Substance Abuse Program EB	90		A			A	A			A	A		A	A	A	A	
Threshold EB	90									A							

Legend

A	Actively being facilitated
T	Not facilitated in the last 30 days
X	Not facilitated in the last 60 days
N	New program added

Faith Based Programs

Program Name	Bible College
Program Description	This **Faith Based/Religious program** provides a non-accreditation certificate. Associate degree in Biblical studies, Theology for Ministry, Religious study in the area of Comparative Philosophy of Religion.
Program Credit	***Faith Based/Religious Programs are not eligible for program credit. Degree programs from a non-accredited college are not eligible for education credit.***
Time Frame	Depending on inmate needs and progression, this is a 36 weeks (1 year academic calendar weeks for a Bible Theological Certificate and 72 weeks 2 year academic calendar weeks for a complete diploma in Bible theological studies and comparative Religion)
Program Locations	KSP, Ross Cash, and WKCC

Program Name	Boundaries
Program Description	This **Faith Based/Religious Program** is a Christian Oriented Therapeutic Group Program consisting of four phases: Personal Boundaries, Marriage Boundaries, Parenting Boundaries and Teen Parenting Boundaries.
Program Credit	***Faith Based/Religious programs are not eligible for program credit.***
Time Frame	Depending on offender needs, this program lasts approximately thirty-six weeks.
Program Locations	LLCC

Program Name	Bridge Aftercare Ministries
Program Description	This **Faith Based/Religious program** focuses on helping offenders develop a real and growing relationship with Christ, be successful in obtaining and keeping a job, deal with and remain free from their addictions, and become and remain accountable for their actions.
Program Credit	***Faith Based/Religious programs are not eligible for program credit.***
Time Frame	Depending on inmate needs and progression, this is a six month ministry that meets for 2 hours/4 days a week, plus church on Sunday.
Program Locations	RCC

Program Name	Celebrate Recovery
Program Description	This **Faith Based/Religious Program** is based on the Beatitudes, and covers issues such as alcoholism, divorce, sexual abuse, codependency, domestic violence, drug addiction, sexual addiction, food addiction, and gambling.
Program Credit	***Faith Based/Religious programs are not eligible for program credit.***
Time Frame	Depending on offender needs, this program lasts approximately twenty-five weeks.
Program Locations	BCC, LLCC, KCIW, and Ross Cash

Program Name	Prison Fellowship
Program Description	This **Faith Based/Religious Program** focuses on criminogenic needs, life controlling issues, life literacy, relationships and spiritual formation. This program contains Christian content and utilizes five Change Companies Journaling books.
Program Credit	***Faith Based/Religious programs are not eligible for program credit.***
Time Frame	Depending on inmate needs and progression, this program in its entirety meets 2-3 times per week for 12 months.
Program Locations	BCC, EKCC, KCIW, LLCC and NTC