

## Local Facilities – County Detention Centers

Program Name	<b>MRT® - Moral Reconation Therapy</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary. The program was designed in a criminal justice setting for offenders involved in the criminal justice system. MRT® targets an offender's belief system and attempts to raise their level of moral reasoning in their decision-making process. The MRT® program has been researched for over thirty years and has proven reduction in recidivism levels at multiple points of progress within the program, as well as after overall program completion. MRT® is designed to achieve formal program completion after 12 in-group steps. The workbook for this program is entitled 'How to Escape Your Prison'® and includes the use of a separate facilitator guide.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Adair, Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Bullitt, Butler, Calloway, Campbell, Casey, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Laurel, Larue, Leslie, Logan, Madison, Marion, Marshall, McCracken, Mason, Meade, Montgomery, Muhlenberg, Nelson, Oldham, Perry, Pike, Powell, Pulaski, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Todd, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT® Anger Management</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>This Cognitive-Behavioral program is designed to assist offenders in recognizing and overcoming anger. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Coping with Anger'® workbook, various supplemental materials, and the completion of homework assignments prepared outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, offenders can expect to participate in a minimum of 10-12 group sessions.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Bullitt, Butler, Calloway, Campbell, Casey, Christian, Clay, Crittenden, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Greenup, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Larue, Laurel, Leslie, Logan, Madison, Marion, Marshall, Mason, McCracken, Montgomery, Meade, Muhlenberg, Oldham, Perry, Pike, Pulaski, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Todd, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT© Parenting</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>This Cognitive-Behavioral program focuses on family values and individual priorities, and is appropriate for all parents.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 sessions utilizing the 'Parenting and Family Values'® workbook.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<p><b>Prerequisite:</b> Offenders should be in an active parenting role of a minor child under the age of 18.</p> <p>All program recommendations are based on their specific criminogenic needs, as identified in the KYRAS assessment.</p>
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Bullitt, Butler, Calloway, Campbell, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Larue, Laurel, Leslie, Logan, Madison, Marion, Marshall, Mason, McCracken, Meade, Montgomery, Muhlenberg, Oldham, Perry, Pike, Pulaski, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT© Staying Quit</b> <i>MRT© is the product of Correctional Counseling Inc. (CCI). MRT© and its related products are property of CCI. CCI is the sole source provider of MRT© products.</i>
Program Description	<p>This Cognitive-Behavioral program is designed to assist with relapse prevention by helping offenders to recognize risky situations, cravings, and triggers. This program requires completion of eight (8) modules over a minimum of 8-10 group sessions. Groups are open-ended and require the completion of the 'Staying Quit'© workbook, as well as preparation of homework assignments outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 8-10 sessions.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	<p><b>Prerequisite:</b> Must have successfully completed the SAP program on the current conviction and sentence they are serving on prior to admission.</p> <p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment and having a substance use history.</p>
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Boyd, Boyle, Bullitt, Calloway, Campbell, Christian, Clay, Crittenden, Fayette, Fulton, Grant, Graves, Harlan, Henderson, Hopkins, Jackson, Knox, Laurel, Leslie, Logan, Marion, Marshall, Mason, McCracken, Pulaski, Rockcastle, Rowan, Scott, Simpson, Three Forks, Warren, Webster, Whitley, and Woodford

Program Name	<b>MRT® Mentor</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>The MRT® Mentoring program strives to ensure a higher success rate for those who have previously completed MRT®. A Mentor within the MRT® program will be held to a higher behavioral expectation than those participating in the MRT® group. Mentorship is beneficial for both the offender serving as the mentor, as well as for the offenders participating in the MRT® program. As a mentor, this offender will be expected to revisit steps 1-4 from the offender's original 'How to Escape your Prison'® workbook, along with completion of the 'Character Development'® Workbook. A maximum of 3 mentors per MRT group of 15 (ratio of 1:5) shall assist in monitoring and assisting the current involved group with step completion while working through their own specific program curriculum.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<b>Prerequisite:</b> completion of MRT®. All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Ballard, Barren, Boyd, Boyle, Breckinridge, Calloway, Campbell, Clay, Crittenden, Daviess, Fayette, Fulton, Grant, Graves, Grayson, Greenup, Hardin, Hopkins, Jackson, Johnson, Kenton, Leslie, Logan, Madison, Marion, Marshall, McCracken, Meade, Perry, Pike, Powell, Rockcastle, Simpson, Three Forks, Taylor, Todd, Warren, Wayne, Webster, and Woodford.

Program Name	<b>MRT® – Thinking for Good</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>This Cognitive Behavioral program was developed to confront Anti-Social and Criminal Thinking errors.</p> <p>Completion entails 10 modules with a minimum of 10-12 group sessions utilizing the ‘Thinking for Good’® Workbook, and the completion of homework assignments prepared outside of group.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 10 – 12 group sessions.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Boyd, Breckinridge, Bullitt, Calloway, Campbell, Clay, Crittenden, Fayette, Franklin, Fulton, Grant, Graves, Greenup, Harlan, Hopkins, Jackson, Johnson, Knox, Laurel, Lee (Three Forks), Leslie, Logan, Marion, Marshall, McCracken, Montgomery, Perry (KY River), Pulaski, Rockcastle, Shelby, Simpson, Warren, Webster, Whitley, and Woodford

Program Name	<b>MRT – Untangling Relationships</b> <i>MRT® is the product of Correctional Counseling Inc. (CCI). MRT® and its related products are property of CCI. CCI is the sole source provider of MRT® products.</i>
Program Description	<p>This Cognitive-Behavioral program focuses on providing treatment to offenders involved in addictive/co-dependent relationships – confronting the issues of manipulation and dependence. Targets domestic violence, unhealthy relationships, enabling, substance abusers and criminality. Offenders will be required to participate in a minimum of 12 group sessions, along with preparation of homework assignments outside of group. This program utilizes the ‘Untangling Relationships’® workbook.</p> <p>*MRT certification is required to facilitate this program.</p>
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the ‘Untangling Relationships’® workbook.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Ballard, Boyd, Breckinridge, Bullitt, Butler, Calloway, Campbell, Clay, Crittenden, Fayette, Franklin, Fulton, Grant, Graves, Greenup, Harlan, Hopkins, Jackson, Johnson, Kenton, Knox, Laurel, Leslie, Logan, Marion, Marshall, McCracken, Meade, Montgomery, Pulaski, Rockcastle, Scott, Shelby, Simpson, Warren, Webster, Whitley, and Woodford

Program Name	<p><b>MRT<sup>®</sup> Trauma</b></p> <p><i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i></p>
Program Description	<p>This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary.</p> <p><b>A recovery program for Trauma-Informed care, Breaking the Chains of Trauma is based on the MRT approach. It is designed to target trauma-related symptoms by incorporating the key issues outlined by SAMHSA's Trauma-Informed Treatment Protocol.</b></p> <p>The workbook for this program is entitled 'Breaking the Chains of Trauma'© and includes the use of a separate facilitator guide. The workbooks are designated by gender, as this program requires separate groups for women &amp; men.</p> <p>*Training certification specific to the MRT Trauma (Breaking the Chains of Trauma) program is required to facilitate this program.</p>
Time Frame	<p>Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 9 -12 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.</p>
Program Credit	<p>This program receives <b>60</b> days program credit upon completion.</p>
Admission Criteria	<p>All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.</p>
Applicable Policies	<p>CPP 30.1 Program Evaluation and Measurement</p> <p>CPP 30.2 Program Credit</p> <p>CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance</p> <p>KRS 197.045</p>
Program Locations	<p>Ballard, Bullitt, Calloway, Clay, Crittenden, Fayette, Jackson, Leslie, Marion, Rockcastle, Scott, Shelby, Warren</p>