

# Course Catalogue of Offender Programs and Education

*Kentucky Department of Corrections Local Facilities* 

Vol 2 - 2021

#### INTRODUCTION

Supporting a successful transition to the community and maintaining stability within the offender population is central to the mission of the Kentucky Department of Corrections. The Department protects public safety by ensuring that offenders receive programming to support their successful return to the community. Programs are standardized across the Department, implemented with dedicated resources, and regularly reviewed for quality assurance.

This practical guide was prepared to highlight the Department's programs. Each program summary in this directory contains key information: a Program Description, Time Frame, Admission Criteria, Program Content, Applicable Policies and locations.

The Department maintains a catalogue of evidence-based, life skills, promising practice, and substance abuse programs to address a wide range of reentry, supervision, and incarceration needs. Program offerings vary based on available resources and the needs of the offender population. The Department of Corrections maintains a list of the programs that are currently available.

#### **General Information**

#### **Definitions:**

<u>Evidence Based</u> Programs are programs demonstrated by scientific research to reliably produce reductions in recidivism.

<u>Promising Practice</u> represents a program that may have some research or data showing positive outcomes but does not meet criteria as an Evidence Based program. Promising practices have a clear focus and includes processes of accountability and evaluation.

<u>Life Skills</u> Programs provide strategies to assist in removing barriers for successful reintegration and address skill areas including time management, money management, use of technology, communication, and social skills.

<u>Substance Abuse</u> Programs is an evidence based drug treatment program for individuals with a substance use disorder.

#### **Applicable Corrections Policies and Procedures:**

CPP 30.1 Program Evaluation and Measurement
CPP 30.2 Program Credit
CPP 30.3 Risk and Needs Assessment and Quality Assurance
CPP 30.6 Division of Addiction Services Substance Abuse Program
CPP 30.8 Pretrial Substance Abuse Program (PSAP)

#### Disclaimer(s):

The Kentucky Department of Corrections provides this directory as a means of describing programs offered throughout the Department. This list contains information, which is accurate as of December 1, 2020, but programming offered is subject to change over time. Locate the most recent directory on the Department's website: <u>corrections.ky.gov</u>.

Offenders shall not be able to complete the same program or course twice unless authorized staff have approved.

Faith Based programs shall not be eligible for program credit.

## Introduction:

Programming and Reentry Mission	1
Catalogue Information	1
Program types and Definition (Evidence Based, Promising Practice, Life Skills, Substance Abuse)	1
Corrections Policies and Procedures	2
Disclaimer(s)	2

## Parenting Programs:

MRT <sup>©</sup>	Parenting	6
------------------	-----------	---

## **Cognitive Behavioral Programs:**

MRT <sup>©</sup> Moral Reconation Therapy	. 4
MRT <sup>©</sup> Anger Management	
MRT <sup>©</sup> Parenting	6
MRT <sup>©</sup> Staying Quit	
MRT <sup>©</sup> Mentor	
MRT© Thinking for Good	
MRT© Untangling Relationships	
	-0

## **Reentry Programs:**

PORTAL New Direction 11
-------------------------

## Addiction Services:

Substance Abuse Program/Mentor – Jail	12-15
Outpatient SAP – Jail	
SAMAT – Jail	17
PSAP – Pretrial Substance Abuse Program	18
SOAR / Mentor	

## Education:

Adult Basic Education – Level 1, 2, and 3	22-23
Program and Education Matrix	24-27

# **Local Facilities – County Detention Centers**

Program Name	<b>MRT<sup>©</sup> - Moral Reconation Therapy</b> MRT <sup>©</sup> is the product of Correctional Counseling Inc. (CCI). MRT <sup>©</sup> and its related products are property of CCI. CCI is the sole source provider of MRT <sup>©</sup> products.
Program Description	This <b>Evidence Based</b> program combines group presentations and individual assignments, along with facilitator guidance when necessary. The program was designed in a criminal justice setting for offenders involved in the criminal justice system. MRT <sup>©</sup> targets an offender's belief system and attempts to raise their level of moral reasoning in their decision-making process. The MRT <sup>©</sup> program has been researched for over thirty years and has proven reduction in recidivism levels at multiple points of progress within the program, as well as after overall program completion. MRT <sup>©</sup> is designed to achieve formal program completion after 12 in-group steps. The workbook for this program is entitled 'How to Escape Your Prison' <sup>©</sup> and includes the use of a separate facilitator guide.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Barren, Boyd, Boyle, Breckinridge, Bullitt, Butler, Calloway, Campbell, Christian, Clay, Crittenden, Daviess, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Hardin, Harlan, Henderson, Hopkins, Jackson, Jessamine, Johnson, Kenton, Knox, Laurel, Larue, Leslie, Lincoln, Logan, Marion, Marshall, McCracken, Mason, Meade, Montgomery, Muhlenberg, Nelson, Oldham, Perry, Pike, Pulaski, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Taylor, Three Forks, Todd, Union, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT© Anger Management</b> <i>MRT<sup>©</sup></i> is the product of Correctional Counseling Inc. (CCI). MRT <sup>©</sup> and its related products are property of CCI. CCI is the sole source provider of MRT <sup>©</sup> products.
Program Description	This Cognitive-Behavioral program is designed to assist offenders in recognizing and overcoming anger. This program includes completion of 8 modules with a minimum of 8-10 group sessions utilizing the 'Coping with Anger' <sup>©</sup> workbook, various supplemental materials, and the completion of homework assignments prepared outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, offenders can expect to participate in an minimum of 10-12 group sessions.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Barren, Boyle, Breckinridge, Butler, Calloway, Christian, Clay, Crittenden, Fayette, Franklin, Fulton, Grant, Graves, Grayson, Harlan, Henderson, Hopkins, Jackson, Johnson, Knox, Laurel, Leslie, Lincoln, Logan, Marion, Marshall, Mason, McCracken, Montgomery, Meade, Muhlenberg, Oldham, Pulaski, Rockcastle, Rowan, Simpson, Three Forks, Union, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT© Parenting</b> <i>MRT</i> <sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT <sup>®</sup> and its related products are property of CCI. CCI is the sole source provider of MRT <sup>®</sup> products.
Program Description	This Cognitive-Behavioral program focuses on family values and individual priorities, and is appropriate for all parents. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 sessions utilizing the 'Parenting and Family Values' $^{\odot}$ workbook.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<b>Prerequisite:</b> Offenders should be in an active parenting role. All program recommendations are based on their specific criminogenic needs, as identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Barren, Boyd, Boyle, Breckinridge, Butler, Calloway, Christian, Clay, Crittenden, Fayette, Fulton, Grant, Graves, Grayson, Harlan, Henderson, Hopkins, Jackson, Johnson, Kenton, Knox, Laurel, Leslie, Lincoln, Logan, Marion, Marshall, Mason, McCracken, Meade, Montgomery, Muhlenberg, Oldham, Pike, Pulaski, Rockcastle, Rowan, Simpson, Three Forks, Union, Warren, Wayne, Webster, Whitley, and Woodford

Program Name	<b>MRT© Staying Quit</b> <i>MRT<sup>©</sup></i> is the product of Correctional Counseling Inc. (CCI). <i>MRT<sup>©</sup></i> and its related products are property of CCI. CCI is the sole source provider of MRT <sup>©</sup> products.
Program Description	This Cognitive-Behavioral program is designed to assist with relapse prevention by helping offenders to recognize risky situations, cravings, and triggers. This program requires completion of eight (8) modules over a minimum of 8-10 group sessions. Groups are openended and require the completion of the 'Staying Quit' <sup>©</sup> workbook, as well as preparation of homework assignments outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 8-10 sessions.
Program Credit	This program receives <b>60</b> days program credit upon completion.
	<b>Prerequisite:</b> Must have successfully completed the SAP program prior to admission.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment and having a substance use history.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Boyle, Calloway, Christian, Clay, Crittenden, Fayette, Fulton, Grant, Graves, Harlan, Henderson, Jackson, Knox, Laurel, Leslie, Lincoln, Logan, Marion, Marshall, Mason, McCracken, Pulaski, Rockcastle, Rowan, Simpson, Three Forks, Union, Warren, Webster, Whitley, and Woodford

Program Name	<b>MRT© Mentor</b> <i>MRT</i> <sup>©</sup> is the product of Correctional Counseling Inc. (CCI). MRT <sup>©</sup> and its related products are property of CCI. CCI is the sole source provider of MRT <sup>©</sup> products.
Program Description	The MRT <sup>©</sup> Mentoring program strives to ensure a higher success rate for those who have previously completed MRT <sup>©</sup> . A Mentor within the MRT <sup>©</sup> program will be held to a higher behavioral expectation than those participating in the MRT <sup>©</sup> group. Mentorship is beneficial for both the offender serving as the mentor, as well as for the offenders participating in the MRT <sup>©</sup> program. As a mentor, this offender will be expected to revisit steps 1-4 from the offender's original 'How to Escape your Prison' <sup>©</sup> workbook, along with completion of the 'Character Development' <sup>©</sup> Workbook. *MRT certification is required to facilitate this program.
Time Frame	Length of time in program is dependent on individual offender progress, although offenders can generally expect to participate in 24-36 open-ended group sessions. Offenders will also be required to work individually on homework assignments as part of the program requirements.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<b>Prerequisite:</b> completion of MRT <sup>©</sup> . All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Barren, Breckinridge, Clay, Crittenden, Daviess, Grant, Grayson, Hopkins, Jackson, Kenton, Marion, Marshall, McCracken, Meade, Perry, Pike, and Three Forks

Program Name	<b>MRT© – Thinking for Good</b> <i>MRT<sup>©</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>©</sup> and its related products are property of CCI. CCI is the sole source provider of MRT<sup>©</sup> products.</i>
Program Description	This Cognitive Behavioral program was developed to confront Anti-Social and Criminal Thinking errors. Completion entails 10 modules with a minimum of 10-12 group sessions utilizing the 'Thinking for Good' <sup>®</sup> Workbook, and the completion of homework assignments prepared outside of group. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, the offender should expect to participate in a minimum of 10 – 12 group sessions.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Breckinridge, Calloway, Clay, Crittenden, Fulton, Graves, Harlan, Jackson, Knox, Laurel, Lee (Three Forks), Marion, Simpson, Warren, Webster, and Whitley

Program Name	<b>MRT – Untangling Relationships</b> <i>MRT<sup>®</sup> is the product of Correctional Counseling Inc. (CCI). MRT<sup>®</sup> and its related products are</i> <i>property of CCI. CCI is the sole source provider of MRT<sup>®</sup> products.</i>
Program Description	This Cognitive-Behavioral program focuses on providing treatment to offenders involved in addictive/co-dependent relationships – confronting the issues of manipulation and dependence. Targets domestic violence, unhealthy relationships, enabling, substance abusers and criminality. Offenders will be required to participate in a minimum of 12 group sessions, along with preparation of homework assignments outside of group. This program utilizes the 'Untangling Relationships' <sup>©</sup> workbook. *MRT certification is required to facilitate this program.
Time Frame	Depending on offender needs and progression, this program includes completion of 12 modules with a minimum of 12 group sessions utilizing the 'Untangling Relationships' cworkbook.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KYRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Calloway, Clay, Crittenden, Fayette, Franklin, Grant, Graves, Harlan, Jackson, Johnson, Laurel, McCracken, Rockcastle, Warren, and Whitley

Program Name	PORTAL New Direction
Program Description	This <b>Life Skills</b> program is designed to provide information and resources to address the most common reentry needs and barriers. Some barriers addressed in this program are housing, employment, transportation, money management, parenting, etc. *PORTAL New Direction certification is required to facilitate this program.
Time Frame	Completion of this program is a minimum of 20 hours of group participation, a pre/post- test, and preparation and presentation of a Reentry/Maintenance plan in front of the group. PORTAL New Direction consists of 16-modules.
Program Credit	This program receives <b>60</b> days program credit upon completion.
Admission Criteria	All program recommendations are based on their specific criminogenic needs identified in the KyRAS assessment.
Applicable Policies	CPP 30.1 Program Evaluation and Measurement CPP 30.2 Program Credit CPP 30.3 Risk and Needs Assessment Administration, Training, and Quality Assurance KRS 197.045 KRS 532.100(5)(d)
Program Locations	Allen, Barren, Boyle, Breckinridge, Butler, Calloway, Campbell, Clay, Crittenden, Daviess, Fayette, Fulton, Grant, Graves, Grayson, Hardin, Henderson, Hopkins, Jackson, Jessamine, Johnson, Knox, Laurel, Lewis, Logan, Marion, McCracken, Mason, Nelson, Powell, Pulaski, Rowan, Russell, Simpson, Three Forks, Todd, Warren, Wayne, and Woodford

# **Addiction Services**

Program Name	Substance Abuse Program - Jail
Program Description	<ul> <li>An Evidence Based Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder and classified to be housed in a jail setting. Residents in these programs are housed separately from the jail general population, thereby forming their own community. This encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment.</li> <li>Therapeutic Community Model which includes but not limited to: <ul> <li>Practicing prosocial behaviors and attitudes;</li> <li>Experiencing success or failure through trial and error learning process;</li> <li>Being supported and guided by the community and staff;</li> <li>Internalizing new behaviors and attitudes and becoming accustomed to living them on a daily basis;</li> <li>Accountability is utilized by staff and offenders to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors;</li> <li>Organization through a structure board that creates clear and understandable expectations;</li> <li>Curriculum- Hazelden "New Directions"<sup>©</sup> Workbook Series (Intro to Treatment, Criminal &amp; Addictive Thinking, Drug &amp; Alcohol Drug Education, Socialization, Co-Occurring Disorders, Relapse Prevention, and Preparing For Release.)</li> </ul> </li> </ul>
Time Frame	Minimum of 6 months but not to exceed 9 months.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder Less than 24 months to parole eligibility or serve out In accordance with DOC policy, no disciplinary violations equal to Category 5 or higher within last 60 days (exception Cat 6-14 and 6-15) Category 3-11 or 4 disciplinary violation shall be reviewed by clinical staff Must complete SOTP first if required, unless subject to KRS 197.045(4). May participate in (1) other program eligible for 90 days of program credit in conjunction with SAP
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)
Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), Christian

County Detention Center (M), Daviess County Detention Center (M), Fayette County Detention Center (M/F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Kenton County Detention Center (M), Laurel County Detention Center (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Powell County Detention Center (M), Pike County Detention Center (M/F), Shelby County Detention Center (M)

Program Name	Substance Abuse Program Mentor - Jail
	An <b>Evidence Based</b> ongoing Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder, have completed the SAP Program, and have been classified to be housed in a jail setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on substance use treatment.
Program Description	<ul> <li>Therapeutic Community Model which includes but not limited to:</li> <li>Model prosocial behaviors and attitudes;</li> <li>Model success or failure through trial and error learning process;</li> <li>Model support and guidance to peers and staff in community;</li> <li>Model new behaviors, attitudes, and responsible living on a daily basis;</li> <li>Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers;</li> <li>Model leadership through structure board tasks assigned to create clear and understandable expectations;</li> <li>"Now That You're Sober" or "The Art of Leadership" workbook</li> </ul>
Time Frame	6 months to complete SAP Mentor Program, but may continue as SAP Mentor as an assigned job.
Program Credit	This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SAP Mentor.
Admission Criteria	Must have completed SAP. Individuals interested in becoming a SAP Mentor must submit an application and participate in an interview. Applicants will be selected who demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis. May participate in (1) other program eligible for 90 days of program credit in conjunction with SAP.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)

Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), Christian County Detention Center (M), Daviess County Detention Center (M), Fayette County Detention Center (M/F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Kenton County Detention Center (M), Laurel County Detention Center (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Powell County Detention Center (M), Pike County Detention Center (M/F), Shelby County Detention Center (M)
----------------------	--

Program Name	Outpatient SAP - Jail
Program Description	The Kentucky Department of Corrections contracts with detention centers to provide evidence based Substance Use Disorder treatment programming for individuals classified to a jail setting. Individuals assigned to the Outpatient SAP Jail program are required to work on outside detail and attend classes in the evenings.
Time Frame	The program shall be six (6) months in duration, broken into 3 phases. Early Treatment Phase (8 weeks) Middle Treatment Phase (8 weeks) Re-Entry Treatment Phase (8 weeks)
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<ul> <li>Division of Addiction Services Branch Manager or Program Administrator will review applications.</li> <li>Applicant's file review indicates evidence of a substance use disorder that requires treatment.</li> <li>In accordance with DOC policy, no disciplinary violations equal to Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15)</li> <li>Clinical staff on an individual basis shall review applicants with a Category 3-11 or Category 4 disciplinary violation.</li> <li>Shall be within 24 months of parole eligibility date or minimum expiration date.</li> <li>Applicant shall have completed required sex offender treatment programming (if applicable) prior to application for substance abuse treatment, unless subject to KRS 197.045(4).</li> <li>Applicant shall have a custody status of Level 1 (community) or Level 2 (minimum).</li> <li>Applicant shall be deemed appropriate for this level of care by clinical staff within the Division of Addiction Services.</li> <li>Ultimate discretion for admission into the Substance Abuse Program shall remain with the Division of Addiction Services</li> </ul>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)
Program Locations	Henderson County Detention Center (M)

Program Name	SAMAT - Jail Supportive Assistance with Medication for Addiction Treatment
Program Description	SAMAT is focused on preventing overdose, relapse, and recidivism for individuals with Opioid Use Disorder and/or Alcohol Use Disorder who have completed or are currently engaged in a Substance Abuse Program (SAP) through the implementation of FDA-approved medication for addiction treatment, which includes Vivitrol (naltrexone).
Time Frame	SAMAT candidates are identified and screened for eligibility approximately 2 months prior to their anticipated release from incarceration. SAMAT participants are provided medication services for up to 2 months before release from incarceration, which may include 2 Vivitrol injections prior to release.
Program Credit	This program receives <b>90</b> days program credit upon completion.
Admission Criteria	<ul> <li>Participants must:</li> <li>Be identified as having an Opioid Use Disorder or Alcohol Use Disorder</li> <li>Complete or be an active participant in a Substance Abuse Program (SAP)</li> <li>Receive SAMAT education and voluntarily consent to participate.</li> <li>Have a verified release date within 2 months of starting participation</li> <li>Be recommended as appropriate for treatment by both medical and clinical staff</li> </ul>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d) Kentucky Department of Corrections SAMAT Protocol
Program Locations	Boyle County Detention Center, Breckenridge County Detention Center, , Christian County Detention Center, Daviess County Detention Center, Fayette County Detention Center, Fulton County Jail, Grant County Detention Center, Grayson County Detention Center, Hardin County Detention Center, Harlan County Detention Center, Henderson County Detention Center, Hopkins County Detention Center, Kenton County Detention Center, Laurel County Detention Center, Marion County Detention Center, Mason County Detention Center, Pike County Detention Center, Powell County Detention Center, Shelby County Detention Center, Three Forks Regional Jail

Program Name	PSAP—Pretrial Substance Abuse Program
Program Description	Per KRS 196.285, individuals charged with Class C or D felony having no felony convictions within the past 10 years, may be eligible for treatment as an alternative to conviction. At initial incarceration, the Jail Pre-Trial Officer may alert the Division of Addiction Services Branch Manager or Program Administrator to conduct a clinical assessment to determine eligibility for SB4/PSAP. Upon an agreement between the judge, the commonwealth attorney, the offender in question, and his/her attorney, successful completion of a jail based treatment program may serve as an alternative to a felony conviction.
Time Frame	Minimum of six (6) months but not to exceed nine (9) months.
Program Credit	Upon sentencing to DOC custody or supervision, this program receives <b>90</b> days program credit upon completion.
Admission Criteria	Confirmed Substance Use Disorder In custody in a county jail for pending charges No felony convictions (in any state) within the past 10 years Not currently on probation or parole Must not be charged with a Class A or B felony, or a Sexual Offense under KRS 17.500 Currently charged with an offense under KRS 218A or another offense and has a record of recent/relevant substance use
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program CPP 30.8 Pretrial Substance Abuse Program (PSAP) KRS 196.285 KRS 197.045 KRS 532.100(5)(d)
Program Locations	Boyle County Detention Center (M), Breckinridge County Detention Center (M), , Christian County Detention Center (M), Daviess County Detention Center (M), Fayette County Detention Center (M/F), Fulton County Detention Center (M), Grant County Detention Center (M/F), Grayson County Detention Center (M), Harlan County Detention Center (M), Hardin County Detention Center (M/F), Henderson County Detention Center (M/F), Hopkins County Jail (M), Kenton County Detention Center (M), Laurel County Detention Center (M), Three Forks Regional Jail (M), Marion County Detention Center (M), Mason County Jail (M), Pike County Detention Center (M/F), Powell County Detention Center (M), Shelby County Detention Center (M)

Program Name	SOAR Supporting Others in Active Recovery
Program Description	Supporting Others in Active Recovery (SOAR) supports offenders in their goal to stay safe and sober after completing their program. SOAR is targeted towards relapse prevention, education, and reentry skills/resources. SOAR participants are given evidence-based curriculum from Hazelden called MORE (My Ongoing Recovery Experience) <sup>®</sup> . SOAR developed a treatment team to include Program Administrator, Unit Administrator, Clinicians, Security Staff, and Case Manager. The treatment team meets monthly to discuss offender progress and recommendations for program participation. While enrolled in SOAR, offenders are eligible to participate in up to two other programs/activities, which are regulated by the treatment team. See available programs/activities below: MRT (90 day) MRT Anger Management (90 day) GED (90 day) SMART Recovery NA/AA SOAR offenders who are not eligible to leave incarceration upon completion of SOAR are permitted and encouraged to remain in the SOAR dorm after completion. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates are given the solve, AA/NA, tutoring and mentoring active participants in SAP and SOAR. SOAR is also designed to encourage family communication and engagement. SOAR offenders are given the opportunity to participate in a Family Engagement event. During these events, family and offenders are given an opportunity to learn the importance of family involvement and recovery.
Time Frame	Six (6) Months.
Program Credit	This program receives <b>90</b> days program credit upon completion. Offenders may choose to continue to participate in the program after completion; however, no additional credit is awarded.
Admission Criteria	<ul> <li>SOAR Entry requirements:</li> <li>Substance Abuse Program graduate.</li> <li>MRT graduate if not recommended to complete SAP.</li> <li>Must have 60 days clear conduct for Category 4 or above and Category 3 Item 11.</li> <li>No break in custody since SAP completion.</li> </ul>

	<ul> <li>Any evidence of relapse since SAP completion may result in recommended reentry into SAP.</li> <li>Must complete SOTP prior to entry into SOAR, unless subject to KRS 197.045(4).</li> <li>Must meet housing custody level requirements of the dorm location facility.</li> </ul>
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)
Program Locations	Marion (M), Grant (M/F), and Fulton (M)

Program Name	SOAR Mentor
Program Description	<ul> <li>SOAR Mentors demonstrate their leadership skills, life and program experience to help others currently enrolled in treatment. Mentors are instrumental in the link between staff and offenders. Mentors assist and address offender issues and concerns with support from staff.</li> <li>SOAR Mentors expectations: <ul> <li>Model prosocial behaviors and attitudes;</li> <li>Model success or failure through trial and error learning process;</li> <li>Model support and guidance to peers and staff in community;</li> <li>Model new behaviors, attitudes, and responsible living on a daily basis.</li> <li>Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers.</li> <li>Model leadership through structure board tasks assigned to create clear and understandable expectations.</li> <li>Hazelden- Now That You're Sober<sup>©</sup> workbook.</li> </ul> </li> <li>May participate in (2) other programs eligible for 90 days of program credit in conjunction with the SOAR Mentor program.</li> </ul>
Time Frame	Six (6) months for SOAR Mentor completion but may stay on as a SOAR Mentor as an assigned job assignment.
Program Credit	This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SOAR Mentor.
Admission Criteria	Completion of SOAR prior to application. Individuals interested in becoming a SOAR Mentor must submit an application and participate in an interview. Applicants are approved by clinical staff. Applicants selected must demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity. An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.
Applicable Policies	CPP 30.6 Division of Addiction Services Substance Abuse Program KRS 197.045 KRS 532.100(5)(d)
Program Locations	Marion (M), Grant (M/F), and Fulton (M)

# **Division of Education**

### Adult Education

Level 1 - Literacy	
Course Description	This course is designed to help develop foundational knowledge and skills in reading, math, and written expression, and to prepare to earn a General Education Diploma (GED).
Course Length	Depending on student needs, students participate in this class for a varied length of time. Classes are scheduled Monday through Friday.
Educational Good Time (EGT)	Individual levels are not eligible for good time credit.
Admission Criteria	<ul> <li>All inmates without a GED<sup>®</sup> or a high school diploma are eligible to participate.</li> <li>Participants with a TABE 11/12 score of 441 or below in Reading or a score of 448 or below in Math would be assigned to this class.</li> </ul>
Course Content	Course content focuses on developing foundational knowledge and skills in reading, math, and written expression, and to prepare inmates to get a GED <sup>®</sup> diploma. Instructional materials may include Laubach, Steck-Vaughn, Paxen, PACE, and Kentucky Educational Television (KET), as well as audio-visual materials and computer courses.
Applicable Policies	CPP 20.1
Institution Locations	All local detention centers offer Level 1 classes
Additional Information	N/A

Level 2 – Adı	ult Basic Education (ABE)
Course	This course is designed to develop knowledge and skills in reading, math, and
Description	written expression, and to prepare to earn a General Education Diploma (GED).
Course	Depending on student needs, students participate in class for a varied length of
Length	time. Classes are scheduled Monday through Friday.
Educational	Individual levels are not eligible for good time credit.
Good Time	
(EGT)	
	<ul> <li>All inmates without a GED<sup>®</sup> or a high school diploma are eligible to</li> </ul>
Admission	participate.
Criteria	• Participants with a TABE 11/12 score between 442 and 500 in Reading or a
	score between 449 and 495 in Math would be assigned to this class.
	Course content provides a continuation of Level I. Greater stress is on middle and
Course Content	upper levels of study. Other methodologies may include (but are not limited to)
content	computer-assisted instruction in reading, mathematics, and language.

Level 2 – Adı	ult Basic Education (ABE)
Applicable	CPP 20.1
Policies	
Institution	All local detention centers offer Level 2 classes
Locations	
Additional	N/A
Information	

Level 3 – Ger	neral Education Diploma (GED)
Course Description	This course is designed to develop higher knowledge and skills in reading, math, and written expression, and to prepare to earn a General Education Diploma (GED).
Course Length	Depending on student needs, students participate in class for a varied length of time. Classes are scheduled Monday through Friday.
Educational Good Time (EGT)	Individual levels are not eligible for good time credit.
Admission Criteria	<ul> <li>All inmates without a GED<sup>®</sup> or a high school diploma are eligible to participate.</li> <li>Participants with a TABE 11/12 score of 501 or higher in Reading or a score of 496 or higher in Math would be assigned to this class.</li> </ul>
Course Content	Course content provides a continuation of Level 2. Study materials from Contemporary, McGraw-Hill, Cambridge, Steck-Vaughn, Paxen, and other educational publishers may be provided. Computer courses provide extra drills for those offenders who require them, and videotapes by KET may be available for additional reinforcement.
Applicable Policies	CPP 20.1
Institution Locations	All local detention centers offer Level 3 classes
Additional Information	N/A

#### Upon successful completion of a GED<sup>®</sup>,

- The offender will receive their diploma in the mail from Kentucky Adult Education (KYAE) Skills U.
- Upon successful completion of all GED<sup>®</sup> exam requirements, the Class D Coordinator submits the student transcript to Central Office at <u>DOCEdu.Registrar@ky.gov</u> for a 90 day EGT award.

## **Local Facilities Matrix**

Matrix represents approved locations, not current programs facilitated within the facility.

PROGRAM	Credit	Adair	Allen	Ballard	Barren	Bell	Boone	Bourbon	Boyd	Boyle	Breckinridge	Bullitt	Butler	Calloway	Campbell	Carter	Casey	Christian	Clark	Clay
Moral Reconation Therapy EB	90		х		х				х	х	x	х	х	х	х			х		х
MRT Mentor EB	90				х						х									х
MRT Untang Relationships EB	90													х						х
MRT Anger Management EB	90		х		х					х	x		х	х				х		х
MRT Parenting EB	90		х		х				х	х	x		х	Х				х		х
MRT Staying Quit EB	60		х							х				х				х		х
MRT Thinking for Good EB	60										x			х						х
PORTAL New Direction LS	60		х		х					х	x		х	х	х					х
SAP Male/Mentor EB	90									х	x							х		
SAP Female/Mentor EB	90																			
SAMAT EB	90									х	х							х		
PSAP EB	90									х	x							х		
Adult Basic Education EB	90	х	х	х	х	х	х	х	х	х	х	х	х	х	Х	х	х	х	х	х

PROGRAM	Credit	Crittenden	Daviess	Fayette	Floyd	Franklin	Fulton	Grant	Graves	Grayson	Greenup	Hardin	Harlan	Hart	Henderson	Hopkins	Jackson	Jefferson	Jessamine
Moral Reconation Therapy EB	90	х	х	х		х	х	Х	х	х		х	х		х	х	х		х
MRT Mentor EB	90	х	х					х		х						х	х		
MRT Untang Relationships EB	90	х		х		х		х	х				x				х		
MRT Anger Management EB	90	х		х		х	х	х	х	х			х		х	х	х		
MRT Parenting EB	90	х		х			х	х	х	х			х		х	х	х		
MRT Staying Quit EB	60	х		х			х	х	х				x		х		х		
MRT Thinking for Good EB	60	х					х		х				х				х		
PORTAL New Direction LS	60	х	х	х			х	х	х	х		х			х	х	х		х
SAP Male/Mentor EB	90		х	х			х	х		х		х	х		х	х			
SAP Female/Mentor EB	90			х				х				х			х				
Outpatient SAP EB	90														х				
SAMAT EB	90		х	х			х	х		х			х		х	х			
SOAR/Mentor	90						х	х											
PSAP EB	90		х	х			х	х		х		х	х		х	х			
Adult Basic Education EB	90	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х

PROGRAM	Credit	Johnson	Kenton	Knox	Laurel	Larue	Leslie	Letcher	Lewis	Lincoln	Logan	Madison	Marion	Marshall	Mason	McCracken	Meade	Montgomery	Muhlenberg
Moral Reconation Therapy EB	90	х	х	х	х	х	х			х	х		х	х	х	х	х	х	х
MRT Mentor EB	90		х										х	х		х	х		
MRT Untang Relationships EB	90	х			х											х			
MRT Anger Management EB	90			х	х		х			х	х		х	х	x	х	х	х	х
MRT Parenting EB	90		х	х	х		х			х	х		х	х	х	х	х	х	х
MRT Staying Quit EB	60			х	х		х			х	х		х	х	x	x			
MRT Thinking for Good EB	60			х	х								х						
PORTAL New Direction LS	60	х		х	х				х		х		х		x	х			
SAP Male/Mentor EB	90		х		х								х		х				
SAP Female/Mentor EB	90												х						
SAMAT EB	90		х		х								х		x				
SOAR/Mentor	90												х						
PSAP EB	90		х		х								х		х				
Adult Basic Education EB	90	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х	х

PROGRAM	Credit	Nelson	Oldham	Perry KY	Pike	Powell	Pulaski	Rockcastle	Rowan	Russell	Shelby	Simpson	Taylor	Todd	Three Forks	Union	Warren	Wayne	Webster	Whitley	Woodford
Moral Reconation Therapy EB	90	х	x	х	x		х	х	x	х	х	x	х	х	х	x	х	х	х	х	х
MRT Mentor EB	90			х				х							х						
MRT Untangl Relationships EB	90							х									х			х	
MRT Anger Management EB	90		x				х	х	x			x			х	х	х	х	х	х	х
MRT Parenting EB	90		х				х	х	х			х			х	х	х	х	х	х	х
MRT Staying Quit EB	60						х		x			х			х	х	х		х	х	х
MRT Thinking for Good EB	60						х		x			x			х		х	х	х	х	
PORTAL New Direction LS	60	х				х				х		х		х	х						х
SAP Male/Mentor EB	90				х	х					х				х						
SAP Female/Mentor EB	90				х	х															
SAMAT EB	90				х	х					х				х						
PSAP EB	90				х	х					х				х						
Adult Basic Education EB	90	х	х	х	х		х	х	х	х	х	х	х	х	х	х	х	х	х	х	х