

## Addiction Services

|                            |  |
|----------------------------|--|
| <b>Program Name</b>        | <b>Outpatient Substance Abuse Treatment Program (SAP) (Prison)</b>   |
| <b>Program Description</b> | <p>The Ross Cash Center Outpatient Substance Abuse Program provides treatment services for 25 female offenders, while KSR program's capacity is 20 male offenders. Participants are housed with general population offenders and report in the morning and afternoon for classes or group sessions.</p> <p>The primary curriculum for both programs is the Hazelden A New Direction® Series. Evidence-based interventions such as Cognitive Behavior Therapy, 12 step facilitation, Social Skills Training, Brief Intervention, and Relapse Prevention are also utilized. Offenders receive individual and group counseling services, as well as drug and alcohol education throughout the duration of programming. Evidence-based activities and learning tools, such as role-plays and skits, are incorporated in the daily schedule.</p> <p>Upon entering the program, each offender is assigned a primary counselor. The clinician and offender work together to develop an individualized treatment plan and eventually a continuum of care plan. This plan includes aftercare recommendation to be followed once released to active supervision.</p> |
| <b>Time Frame</b>          | Six (6) Months   |
| <b>Program Credit</b>      | This program receives <b>90</b> days program credit upon completion.   |
| <b>Admission Criteria</b>  | <p>Confirmed Substance Use Disorder<br/>           Less than 36 months to parole eligibility or serve out<br/>           No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15)<br/>           Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis<br/>           Must complete SOTP first if required, unless subject to KRS 197.045(4).</p> <p>Applicants who are restricted to housing at the Kentucky State Reformatory for medical purposes may be eligible for KSR outpatient substance abuse program. Minimum-security female applicants for substance abuse programming, currently residing at Ross Cash may be eligible for the outpatient substance abuse program at Ross Cash.</p>  |
| <b>Applicable Policies</b> | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program<br/>           CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br/>           CPP 18.15 Protective Custody<br/>           KRS 197.045</p>  |
| <b>Program Locations</b>   | KSR and Ross Cash  |

|                     |  |
|---------------------|--|
| Program Name        | <b>Substance Abuse Program (SAP) – Prison</b>  |
| Program Description | <p>An <b>Evidence Based</b> Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder and housed in a prison setting. Residents in these programs are housed separately from the prison general population, thereby forming their own community. This encourages responsibility and accountability through peer support and uninterrupted focus on substance use treatment.</p> <p>Therapeutic Community Model which includes but not limited to:</p> <ul style="list-style-type: none"> <li>○ Practicing prosocial behaviors and attitudes;</li> <li>○ Experiencing success or failure through trial and error learning process;</li> <li>○ Being supported and guided by the community and staff;</li> <li>○ Internalizing new behaviors and attitudes and becoming accustomed to living them on a daily basis;</li> <li>○ Accountability is utilized by staff and offenders to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors;</li> <li>○ Organization through a structure board that creates clear and understandable expectations;</li> <li>○ Curriculum- Hazelden “A New Directions”<sup>®</sup> Workbook Series (Intro to Treatment, Criminal &amp; Addictive Thinking, Drug &amp; Alcohol Drug Education, Socialization, Co-Occurring Disorders, Relapse Prevention, and Preparing For Release.)</li> </ul> |
| Time Frame          | Minimum of 6 months but not to exceed 9 months.  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.   |
| Admission Criteria  | <p>Confirmed Substance Use Disorder<br/> Less than 36 months to parole eligibility or serve out<br/> No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15)<br/> Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis<br/> Must complete SOTP first if required, unless subject to KRS 197.045(4).<br/> May participate in (1) other program eligible for 90 days of program credit in conjunction with SAP</p>   |
| Applicable Policies | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program<br/> CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br/> CPP 18.15 Protective Custody</p>   |

|                   |  |
|-------------------|--|
|                   | KRS 197.045  |
| Program Locations | BCC, GRCC, KCIW, , LAC, LSCC, NTC, RCC, SSCC, WKCC |

|                     |   |
|---------------------|---|
| Program Name        | <b>Substance Abuse Program (SAP) Mentor – Prison</b>  |
| Program Description | <p>An evidence based ongoing Substance Use Disorder treatment opportunity for those individuals assessed with Substance Use Disorder, have completed the SAP Program, and have been classified to be housed in a prison setting. Residents in these programs are housed separately from the general population, thereby forming their own leadership within a community. This encourages pro-social behavior, responsibility, and accountability through peer support and uninterrupted focus on substance use treatment.</p> <p>Therapeutic Community Model which includes but not limited to:</p> <ul style="list-style-type: none"> <li>○ Model prosocial behaviors and attitudes;</li> <li>○ Model success or failure through trial and error learning process;</li> <li>○ Model support and guidance to peers and staff in community;</li> <li>○ Model new behaviors, attitudes, and responsible living on a daily basis;</li> <li>○ Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers;</li> <li>○ Model leadership through structure board tasks assigned to create clear and understandable expectations;</li> <li>○ Hazelden “Now That You’re Sober”<sup>®</sup> workbook</li> </ul> |
| Time Frame          | 6 months to complete SAP Mentor Program. May continue as SAP Mentor as an assigned job.   |
| Program Credit      | This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SAP Mentor.  |
| Admission Criteria  | <p>Must have completed SAP prior to applying to become a SAP Mentor. Individuals must submit an application approved by clinical staff.</p> <p>Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity.</p> <p>Applicants with any disciplinary violation shall be reviewed by clinical staff.</p> <p>May participate in (1) other program eligible for 90 days of program credit in conjunction with SAP.</p>  |
| Applicable Policies | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program</p> <p>CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing</p> <p>CPP 18.15 Protective Custody</p> <p>KRS 197.045</p>   |
| Program Locations   | BCC (M), GRCC (M), KCIW (F), KSR (M), LAC (M), LSCC (M), NTC (M), RCC (M), Ross Cash (F), SSCC (M), WKCC (M)  |

|                     |  |
|---------------------|--|
| Program Name        | <b>Substance Abuse Program Co-Occurring Disorder (SAP - COD)</b>   |
| Program Description | Individuals with verifiable histories of Substance Use Disorder and Mental Health Disorders are eligible to receive integrated treatment to address both mental health and substance use disorders in the SAP-COD (Substance Abuse Program Co-Occurring Disorder) program. Treatment is provided utilizing a modified therapeutic community model.   |
| Time Frame          | Six (6) months.  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.   |
| Admission Criteria  | <p>Participants must meet standard admission criteria. They must apply for mainstream substance abuse programming. If offenders are determined to have a mental health history, they are screened for appropriateness for the SAP-COD program. Applicant's file must indicate evidence of a substance use disorder and mental health disorder.</p> <p>Less than 36 months to parole eligibility or serve out<br/> No Category 5 or higher disciplinary within last 60 days (exception Cat 6-14 and 6-15)<br/> Category 3-11 or Category 4 disciplinary violation shall be reviewed by clinical staff on an individual basis<br/> Must complete SOTP first if required, unless subject to KRS 197.045(4).</p> |
| Applicable Policies | CPP 30.6 Division of Addiction Services Substance Abuse Program<br>CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br>CPP 18.15 Protective Custody<br>KRS 197.045   |
| Program Locations   | KCIW and KSR   |

|                     |  |
|---------------------|--|
| Program Name        | <b>Substance Abuse Program Co-Occurring Disorder (SAP - COD) Mentor</b>  |
| Program Description | Individuals who have completed Co-Occurring Disorder SAP may participate in the mentoring program by serving as a mentor. Mentors serve as role models for participants and complete tasks as assigned by the administrator. Mentors are chosen at the discretion of the program administrator. Mentors are engaged in activities and assignments designed to teach leadership.  |
| Time Frame          | The program is six (6) months in length.   |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.   |
| Admission Criteria  | Must have completed SAP prior to applying to become a Mentor.<br>Individuals must submit an application approved by clinical staff.<br>Applicants selected demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity.<br>Applicants with any disciplinary violation shall be reviewed by clinical staff.<br>May participate in (1) other program eligible for 90 days of program credit in conjunction with SAP. |
| Applicable Policies | CPP 30.6 Division of Addiction Services Substance Abuse Program<br>CPP 14.7 Sexual Abuse Prevention and Intervention Programs<br>CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br>CPP 18.15 Protective Custody<br>KRS 197.045   |
| Program Locations   | KCIW and KSR   |

|                            |   |
|----------------------------|---|
| <b>Program Name</b>        | <b>Supporting Others in Active Recovery (SOAR)</b>  |
| <b>Program Description</b> | <p>Supporting Others in Active Recovery (SOAR) supports offenders in their goal to stay safe and sober after completing their program. SOAR is targeted towards relapse prevention, education, and reentry skills/resources.</p> <p>SOAR participants are given evidence-based curriculum from Hazelden called MORE (My Ongoing Recovery Experience)®. SOAR developed a treatment team to include Program Administrator, Unit Administrator, Clinicians, Security Staff, and Case Manager. The treatment team meets monthly to discuss offender progress and recommendations for program participation. While enrolled in SOAR, offenders are eligible to participate in up to two other programs/activities, which are regulated by the treatment team. See available programs/activities below:</p> <ul style="list-style-type: none"> <li>• MRT (90 day)</li> <li>• MRT Anger Management (90 day)</li> <li>• MRT Parenting (90 day)</li> <li>• GED (90 day)</li> <li>• PORTAL New Directions (60 day)</li> <li>• SMART Recovery</li> <li>• NA/AA</li> </ul> <p>SOAR offenders who are not eligible to leave incarceration upon completion of SOAR are permitted and encouraged to remain in the SOAR dorm after completion. SOAR graduates are given the same opportunities for continuum of care as active participants. SOAR graduates who choose to remain in the dorm are required to demonstrate leadership skills by leading educational groups, AA/NA, tutoring and mentoring active participants in SAP and SOAR.</p> <p>SOAR is also designed to encourage family communication and engagement. SOAR offenders are given the opportunity to participate in Family Engagement events. During these events, family and offenders are given an opportunity to learn the importance of family involvement and recovery.</p> |
| <b>Time Frame</b>          | Six (6) Months.   |
| <b>Program Credit</b>      | <p>This program receives <b>90</b> days program credit upon completion.</p> <p>Offenders may choose to continue to participate in the program after completion, however no additional credit is awarded.</p>  |

|                            |  |
|----------------------------|--|
| <p>Admission Criteria</p>  | <p>SOAR Entry requirements:</p> <ul style="list-style-type: none"> <li>• Substance Abuse Program graduate.</li> <li>• MRT graduate if not recommended to complete SAP.</li> <li>• Must have 60 days clear conduct for Category 4 or above and Category 3 Item 11.</li> <li>• No break in custody since SAP completion.</li> <li>• Any evidence of relapse since SAP completion may result in recommended reentry into SAP.</li> <li>• Must complete SOTP prior to entry into SOAR, unless subject to KRS 197.045(4).</li> <li>• Must meet housing custody level requirements of the dorm location facility.</li> </ul> |
| <p>Applicable Policies</p> | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program<br/> CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br/> CPP 18.15 Protective Custody<br/> KRS 197.045</p>  |
| <p>Program Locations</p>   | <p>NTC</p>   |

|                     |  |
|---------------------|--|
| Program Name        | <b>Supporting Others in Active Recovery (SOAR) Mentor</b>  |
| Program Description | <p>SOAR Mentors demonstrate their leadership skills, life and program experience to help others currently enrolled in treatment. Mentors are instrumental in the link between staff and offenders. Mentors assist and address offender issues and concerns with support from staff.</p> <p>SOAR Mentors expectations:</p> <ul style="list-style-type: none"> <li>○ Model prosocial behaviors and attitudes;</li> <li>○ Model success or failure through trial and error learning process;</li> <li>○ Model support and guidance to peers and staff in community;</li> <li>○ Model new behaviors, attitudes, and responsible living on a daily basis.</li> <li>○ Model appropriate accountability to bring awareness to Criminal &amp; Addictive Thinking Patterns and behaviors for self and peers.</li> <li>○ Model leadership through structure board tasks assigned to create clear and understandable expectations.</li> <li>○ Hazelden- Now That You're Sober<sup>®</sup> workbook.</li> </ul> <p>May participate in (2) other programs eligible for 90 days of program credit in conjunction with the SOAR Mentor program.</p> |
| Time Frame          | Six (6) months for SOAR Mentor completion but may stay on as a SOAR Mentor as an assigned job assignment.  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion. Additional credit is not awarded if transition into the assigned job of SOAR Mentor.  |
| Admission Criteria  | <p>Completion of SOAR prior to application.</p> <p>Individuals interested in becoming a SOAR Mentor must submit an application and participate in an interview.</p> <p>Applicants are approved by clinical staff.</p> <p>Applicants selected must demonstrate strong leadership skills, ability to communicate effectively with others, continually demonstrate honesty and integrity.</p> <p>An applicant with any disciplinary violation shall be reviewed by clinical staff on an individual basis.</p>   |
| Applicable Policies | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program</p> <p>CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing</p> <p>CPP 18.15 Protective Custody</p> <p>KRS 197.045</p>  |
| Program Locations   | NTC  |

|                     |  |
|---------------------|--|
| Program Name        | <b>Supportive Assistance with Medication for Addiction Treatment (SAMAT) - Prison</b>  |
| Program Description | SAMAT is focused on preventing overdose, relapse, and recidivism for individuals with Opioid Use Disorder and/or Alcohol Use Disorder whom have completed or are currently engaged in a Substance Abuse Program (SAP) through the implementation of FDA-approved medication for addiction treatment, which includes Vivitrol (naltrexone).   |
| Time Frame          | <p>SAMAT candidates are identified and screened for eligibility approximately 2 months prior to their anticipated release from incarceration.</p> <p>SAMAT participants are provided medication services for up to 2 months before release from incarceration, which may include 2 Vivitrol injections.</p>  |
| Program Credit      | This program receives <b>90</b> days program credit upon completion.   |
| Admission Criteria  | <p>Participants must:</p> <ul style="list-style-type: none"> <li>○ Be identified as having an Opioid Use Disorder or Alcohol Use Disorder</li> <li>○ Complete or be an active participant in a Substance Abuse Program (SAP)</li> <li>○ Receive SAMAT education and voluntarily consent to participate.</li> <li>○ Have a verified release date within 2 months of starting participation</li> </ul> <p>Be recommended as appropriate for treatment by both medical and clinical staff</p> |
| Applicable Policies | <p>CPP 30.6 Division of Addiction Services Substance Abuse Program<br/> CPP 15.8 Possession or Use of Unauthorized Substance and Substance Abuse Testing<br/> KRS 197.045<br/> Kentucky Department of Corrections SAMAT Protocol</p>   |
| Program Locations   | BCFC, BCC, EKCC, GRCC, KSP, KSR, KCIW, LAC, LSCC, LLCC, NTC, RCC, WKCC, SCCC, and Ross Cash  |