



## What is my role?

- Support for healthy lifestyle
- Recognize issues of enabling and co-dependency
- Demonstrate self-care
- Recognize unrealistic expectations
- Encourage communication
- You are not alone!

## Resources

- **Find Help Now KY**  
[www.findhelpnowky.org](http://www.findhelpnowky.org)
- **Don't Let Them Die**  
1-833-8KY-HELP
- [www.gethelpplex.org](http://www.gethelpplex.org)
- [www.nkyhatesheroin.com](http://www.nkyhatesheroin.com)
- [www.celebraterecovery.com](http://www.celebraterecovery.com)
  
- **Detox Facilities**  
**New Vision Detox** Russell Co. Hospital  
270-866-2020  
**Our Lady of Peace** – Louisville  
502-451-3330  
**Stoner Creek** – Paris, KY  
859-987-1123  
**The Ridge** – Lexington  
859-269-2325  
**Rivendell Behavior Health Hospital**  
Bowling Green  
(270) 843-1199  
**Centerstone Addiction Recovery Center**  
Louisville  
(502) 583-3951

If you're interested in offering your support and involvement to those dealing with addiction, please see the link below for information regarding People Advocating Recovery (PAR):

[www.peopleadvocatingrecovery.org](http://www.peopleadvocatingrecovery.org)

## Support Group Information

The Division of Substance Abuse highly encourages families of clients in active addiction and/or recovery to gain support in their community. This may be accomplished by attending and participating in groups that offer fellowship and education related to addiction recovery, such as Al-Anon, Alateen, Nar-Anon, and NAMI.



Division Of  
Substance Abuse



### What is Al-anon and Alateen?

**Al-Anon** is described as a fellowship for friends and families of alcoholics, whether or not the alcoholic is in active addiction or recovery.

**Alateen** is described as a fellowship for younger relatives and friends of alcoholics through the teen years:

[www.an-anon.org](http://www.an-anon.org)

### What is Nar-anon?

Nar-Anon a 12-step program for friends and family affected by someone else's addiction:

[www.nar-anon.org](http://www.nar-anon.org)

### What is NAMI?

NAMI is the National Alliance on Mental Illness, supporting people (and their families) affected by mental illness, as well as mental health professionals:

[www.nami.org](http://www.nami.org), [www.namiky.org](http://www.namiky.org) and [www.namikyadvocacy.com](http://www.namikyadvocacy.com)

### Casey's Law

The law became effective in **Kentucky** in 2004 and was inspired by **Casey** Wethington's death of a heroin overdose at age 23. The law allows the parents, relatives, or friends of an addicted person to lawfully intervene and request involuntary, court-ordered addiction treatment for their addicted loved one. Not all people who are substance abuse impaired are arrested or, in the event that they are, may not receive the necessary treatment. Studies show that involuntary treatment can be just as successful as voluntary treatment.

For petition you can access

[http://caseyslaw.org/KY\\_Files/CaseyLawForm700A.pdf](http://caseyslaw.org/KY_Files/CaseyLawForm700A.pdf)

Submit to circuit clerk's office.



**The Angel Initiative** is a program started by the Kentucky State Police in 2016. According to the KSP website: to date, KSP have assisted 9 individuals, who have reached out for help with their addiction. All been referred to treatment. If you or a loved one are needing assistance with substance abuse, this program is a great option. You can walk into any of the 16 KSP posts or call in advance to schedule a meeting with an "Angel". They will assist you and/or your loved one with one of the many treatment centers.

[kentuckystatepolice.org/angel-initiative](http://kentuckystatepolice.org/angel-initiative)