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Authority/References KRS Chapter 218A, 196.035, 197.020, 241.010 CPP 30.6	Subject SUPPORTING OTHERS IN ACTIVE RECOVERY (SOAR) PROGRAM	

I. DEFINITIONS

“SMART Recovery” means self-management and recovery training through the SMART approach, a secular and science-based program that uses cognitive behavioral therapy.

“Substance” means any illegal substance whose purpose is to have a mood altering effect and a drug as defined in KRS Chapter 218A or alcohol as defined in KRS 241.010.

“Supporting Others in Active Recovery (SOAR)” means an evidence based program focused on relapse prevention, education, re-entry skills, and based on the Therapeutic Community Model.

“Treatment plan” means an agreement between client and staff to address services that meet the needs of an individual client.

II. POLICY and PROCEDURES

A. Program Description: Supporting Others in Active Recovery (SOAR)

1. The SOAR program provides an opportunity for clients to stay in a recovery based environment while giving back to the community. Clients receiving services for substance use disorder while incarcerated and continuing the same treatment upon entry into SOAR ensure a continuum of services until release. SOAR shall offer programming and evidence based curriculum that focuses on relapse triggers, employment, parenting, anger management, and educational needs.
2. SOAR clients shall have an assigned Social Service Clinician (SSC) who shall ensure each client has a treatment plan.

B. Admissions: SOAR Program

1. The Division of Addiction Services shall review all applications, maintain a waiting list, and place applicants from the SOAR waiting list. An applicant shall meet the following minimum eligibility requirements to gain admission to the program:

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- a. The applicant shall have completed the recommended Substance Abuse Program (SAP).
 - b. If an applicant is currently enrolled in or has completed an MRT program, he may apply for SOAR if not recommended for SAP. The application shall be reviewed by the Division of Addiction Services to ensure the client is not appropriate for long term treatment.
 - c. If evidence of substance use after program completion, placement shall be determined by the Division of Addiction Services staff. The client may be placed on a refocus or recommended reentry into SAP.
 - d. An applicant shall have 60 days clear conduct for a Category 4 or above and Category 3 Item 11.
 - e. If recommended to complete the Sex Offender Treatment Program (SOTP), an applicant shall complete all requirements of SOTP prior to applying for SOAR.
 - f. An applicant shall not have a break in custody since SAP or MRT completion.
 - g. Client shall meet classification requirements to be housed in the SOAR program.
2. Jail SOAR programs may admit clients who are currently serving an alternative sentence. Alternative Sentence clients shall be approved by the Division of Addiction Services prior to entry.
 3. Admission to the SOAR program shall remain with the Division of Addiction Services.
 4. The applicant shall be notified by memorandum of acceptance or denial of the SOAR application.

C. Participation Requirements: SOAR Program

1. Clients shall be assigned a treatment plan to ensure all recommendations are followed.
2. Clients shall follow all treatment plan recommendations assigned by the SOAR treatment team.
3. If a client is determined appropriate for SOAR after a relapse has occurred, the client shall be required to follow a refocus contract for a minimum of

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thirty (30) days. Upon successful completion of the refocus contract, the client shall be permitted to begin the SOAR curriculum. If the client is unsuccessful on the refocus contract, the client may be referred to complete SAP.

4. Clients shall be willing to follow accountability requirements.
5. Clients shall display respect for staff, program clients, and the therapeutic community.
6. Disciplinary convictions may result in discharge from the program.
7. Clients shall attend all mandatory community meetings.
8. Clients shall be randomly drug screened. Any positive drug screen shall result in discharge from the program and may result in a recommendation for reentry into the substance abuse program.
9. Clients shall complete ten (10) hours of community service a month. Volunteer hours shall require approval by SOAR staff.
10. Once a client completes the SOAR curriculum, the client may be required to maintain employment and if not employed, shall be required to attend a vocational or GED program.
11. Clients shall be required to attend Narcotics Anonymous, Alcoholics Anonymous, or SMART Recovery meetings weekly.
12. Clients may be required to participate in at least one (1) additional evidence-based program if recommended by SOAR program staff.
13. Clients without a GED or high school diploma may be required to enroll in GED instruction while enrolled in SOAR.
14. Clients shall maintain clean bed areas at all times.
15. Clients shall maintain appropriate dress code at all times.
16. Clients who violate program or facility rules may result in an accountability, disciplinary, or discharge from the SOAR program.

D. Attendance: SOAR

Clients shall attend all schedule sessions. Excused absences shall not result in extended completion dates. Every effort shall be made to assist a client with missed assignments to ensure an approximate six (6) month completion. Unexcused

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absences may result in client termination. Clients shall make up any unexcused days and they shall be added to the completion date.

E. Discharge and Termination Criteria: SOAR Program

1. A client of the SOAR program may be administratively granted extended treatment, alternative treatment, discharged or terminated from the program based on the following:
 - a. Successful completion of all program requirements including the My Ongoing Recovery Experience (MORE) curriculum;
 - b. Failure to follow treatment team recommendations;
 - c. Violation of program cardinal rule that may or may not result in a conviction of a disciplinary report;
 - d. Failure to comply with program or institutional rules which results in the issuance of a disciplinary report Category 3-11 or Category 4 and above;
 - e. Repeated program rule violations;
 - f. Voluntary withdrawal from the program;
 - g. Violation of attendance policy;
 - h. Testing positive for drugs, alcohol, or refusing a drug test; or
 - i. Dismissal from assigned job or recommended program.
2. A client with a change in custody level shall be required to be housed at facility.

F. Appeals of Termination: SOAR Program

1. The client may appeal termination from the SOAR program by submitting a written appeal to the designated branch manager or designee within seven (7) days from written receipt of the termination. The branch manager or designee shall forward a written response to the client within twenty-one (21) days of receipt of the appeal. The decision shall be final.
2. If a client is terminated from the SOAR program, he may reapply thirty (30) days after the final termination date. Reapplication shall not guarantee readmission to the program.

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G. Staffing: SOAR Program

1. Administrative and program staff shall require approval by the Division of Addiction Services. The facility housing the program shall provide security staff.
2. The Division of Addiction Services staff shall oversee all SOAR programs.
3. The program administrator or program director shall oversee the SOAR program and provide clinical and administrative supervision for that program.
4. The social service clinician(s) (SSC) assigned to the program shall conduct daily programming and perform other duties as described in personnel specifications.

H. Record Keeping

1. Treatment files shall be maintained and secured and shall include the following:
 - a. Program application;
 - b. Program participation agreement;
 - c. Client rights;
 - d. Criminal Justice Kentucky Treatment Outcome Study (CJKTOS) psychosocial assessment and discharge completed while in SAP;
 - e. Treatment plan;
 - f. Client progress notes;
 - g. Monthly treatment plan review;
 - h. Discharge summary and aftercare recommendations;
 - i. Release of information if used; and
 - j. Program completion certificate or termination.
2. Upon successful completion of the program requirements including primary curriculum, MORE, the client shall be given a certificate of completion. Program completion certificate and aftercare recommendations shall be entered in KOMS by the Division of Addiction Services staff within twenty-four (24) business hours. SOAR jail programs shall submit SOAR program completion certificates within twenty-four (24) hours of the clients completion date.
3. SOAR graduates may be housed in a SOAR dorm after successful completion of the program components including the completion of the primary curriculum, MORE. SOAR graduates shall continue to follow all program rules, display prosocial behaviors, and remain actively involved in

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programing. Program staff shall discharge any SOAR graduate who demonstrates unhealthy behaviors or violates program or facility rules.

4. SOAR graduates who remain housed in the SOAR dorm shall not be eligible for additional program good time credit upon successful completion of the initial program requirements for SOAR including the evidence based MORE curriculum.