

Kentucky Department of Corrections Staff and Offender Newsletter

APRIL 2016

THE TOOL BOX

VOLUME 5, ISSUE 2

NEW FOCUS ON REENTRY AT EASTERN KENTUCKY CORRECTIONAL COMPLEX



Nearly 2,000 inmates are released from prison every day in the United States, many of whom face significant barriers to re-enter into the civilian population. Not only are more prisoners returning home than ever before, but they are also returning less prepared for life on the outside. Within three years, two thirds of them will be rearrested, and nearly half will return to prison for a new crime or parole violation. By taking an active role in offender reentry, many benefits can be realized throughout the different communities which include:

- Decreased criminal activity
- Reduction in recidivism
- Crime prevention
- A break in the cycle of generational crime
- Increase in stable families
- Shared responsibility for ensuring public safety

Reentry starts on the first day of incarceration and everything inmates do during their incarceration should be focused on increasing knowledge and abilities for their impending release. Planning for release should start immediately, not just a week before they are scheduled to leave. There are many barriers that will interfere with an inmates success in establishing a stable life once released. Some examples of barriers are lack of adequate education, substance abuse, lack of job skills, limited housing options, mental health issues, etc. Dealing with these issues now, before release, may help make them less overwhelming.

On October 27, 2015, Warden Kathy Litteral announced that the Eastern Kentucky Correctional Complex (EKCC) was establishing a new focus on inmate preparation for reentry. EKCC opened the **Re-entry Preparation Dorm (RPD)** on November 1, 2015 in a dormitory that previously housed the Enhanced Supervision Unit. The RPD is a single cell dorm that holds 128 inmates. While housed in this dorm inmates have access to added evidenced based programming in addition to programing that was currently available. The added evidenced based programs offered are MRT, MRT/anger management, MRT/Re-entry and Inside Out Dads. In addition, a new program that is not evidenced based, entitled, Character 101, is provided by the Kentucky Mountain Bible College. This is a program that is mandatory for all students yearly at the college and will assist to instill character traits in our soon to be released inmates that all employers will value such as honesty, patience and integrity.

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-EKCC Reentry Dorm continued from page 1.

The goal of this Dorm is to house inmates that are within 24 months of release from incarceration. We currently have approximately 400 inmates at EKCC that meet this criteria, therefore, we do maintain a waiting list for RPD. The inmates housed in this dorm receive an intensified focus on programs, counseling, family relationships, education, employment skills, community resources, etc. It is our hope that this preparation will insure that inmates leave their incarceration with an increased chance of success in the community. Returning to the community from jail or prison is a complex transition for all offenders, as well as for families and communities. In addition, the ability for these inmates to live with others in their wing and dorm that are going through the same physical and mental transition in preparation to leave incarceration promotes a positive and preparatory atmosphere.

We also provide them with “face to face” contact once a week with a staff member from inmate accounts and the records department, unlike general population. The Parole and Reentry staff are present in the dorm three days a week. All of these staff have scheduled times that they are in the dorm to meet with inmates to talk and answer questions. Plans are being made for psychological staff to hold group meetings for inmates that are within 1 year, 6 months and 1 month of release to talk about what they are going through within the safe setting of others experiencing the same. And our staff understand that inmates, like all of us make mistakes. Just because an inmate is nearing release doesn't mean he won't have problems. As inmates in the RPD face disciplinary segregation, they know that when released from segregation they will return to the RPD to continue in their preparation. They are going to be released and we must insure that they are prepared!

We are also changing the appearance of the dorm to provide a transition from the institutional setting of white and grey to providing color to the different wings so that the inmate can transition to a more homelike atmosphere. In addition after the addition of the colors, we will be adding inspirational quotes painted on the walls throughout the wings and core area. Change is always hard even if the change is welcomed, such as from prison to home. There is a need to prepare our population for the change that lies ahead for them, to prepare them for the hard times, the confusion and for the realization that their families have changed while they were away. We are three months into to this transition and have several other things we hope to accomplish in the near future. By 2018, we sincerely hope to see a significant reduction in the recidivism rate of inmates leaving the Eastern Kentucky Correctional Complex by serve out or parole.



Moral Reconciliation Therapy Class Graduates Parolees

Submitted by:
Robert Mayo -District 5
Elizabethtown Probation and Parole

February 12th, 2016 marks an important day for District 5 Probation and Parole Reentry Program in Bullitt County, KY Shepherdsville, KY for several parolees. They have successfully completed a challenging 16 week program called Moral Reconciliation Therapy known as MRT. They met one time per week for two hours where we take a look at the following areas in our lives: honesty and trust, acceptance, raising awareness, healing damaged relationships, helping others, long term goals and identity, short term goals and consistency, commitment to change, maintain positive change, keeping moral commitments, choosing moral commitments, choosing moral goals, evaluating relationships between Inner Self and Personality and of course graduation. They are only allowed to have two excused absences and if they miss they must make up the work in order to complete program.

This class took place at Bullitt County Probation and Parole Office in Shepherdsville, KY with Instructors: Reentry Coordinator Officer Bob Mayo and Pam Carter.

We started out with 8 participants in which, 6 completed the program requirements. This was a mixed class of both 3 males and 3 females who graduated. Each Parolee spoke during the ceremony where they discussed how their lives have changed and the lives of everyone around them. They all spoke of how blessed they were to have the opportunity. They all saw a different perspective of a parole and probation officer than before.

For one participant Craig Coggeshall this will be especially meaningful time where he has previously completed other reentry program classes and now MRT. He was awarded his 90 day custody time credit where his journey while on Parole will end today and move on to bigger and better things as a result of these programs.

Here are a few comments from participants that they had to share about the class and themselves.

“If you put an honest effort into the program there will always be forward progress and quickly reap benefits from it.”

“Learned that Parole Officers affect our lives greatly and it’s not just a job. They have a vested interest in us.”

“You take **YOU** where ever **YOU** go. Locations and people may change; **YOU** still have to make a choice.”

“Dare others to take a chance and enroll in MRT and then tell me if it doesn’t change your life and those around you”

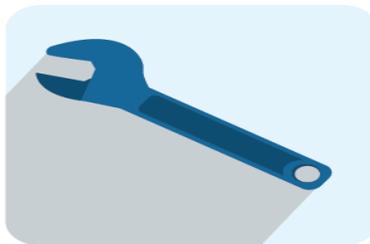


(Back left to right) Instructor: Robert (Bob) Mayo, Craig Coggeshall, Jess Priddy (whom entered half-way through and will graduate during next MRT class), Joseph Wright, and Charles Quick.(Front left to right) Elizabeth Clark, Rebecca Crenshaw, Rachel and Instructor: Officer Pam Carter

-Graduating MRT Class continued from page 3.

Officer Mayo stated “It is very rewarding and satisfying to see the growth and maturity of each participant as each week passes as they learn about themselves. We love hearing and seeing those “AHA” moments that change their life forever for the better. We trust that they will use every piece of information they learned for the rest of their lives, pass on their knowledge to someone else and maybe mentor someone else in the future. It was great to hear Rachel Kaelin desires to continue being involved in MRT by being a mentor for others in the program in the future. Everyone looks forward to a seeing a more rewarding, productive and improvement of quality of life.”

Today was the last class for Officer Pam Carter in District 5 as she is transferring to District 6 effective February 15, 2016 to serve as reentry officer and probation officer there. This is a huge loss for District 5 but also a huge gain for District 6. District 5 Officer Mayo is in the works of starting two new MRT classes one in Shepherdsville and Elizabethtown Offices in March.



RESOURCES

Do you know your local resources? If not, it can be found at:

<http://corrections.ky.gov/reentry/Pages/Pre-ReleaseCommunityResources.aspx>

Please review the map to determine what District Area that you will need resources from and click on it.

For those of you that do not have access to internet, please write:

Kentucky Department of Corrections
Reentry Branch
PO Box 2400
Frankfort, KY 40602-2400
Attn: Melissa Moore

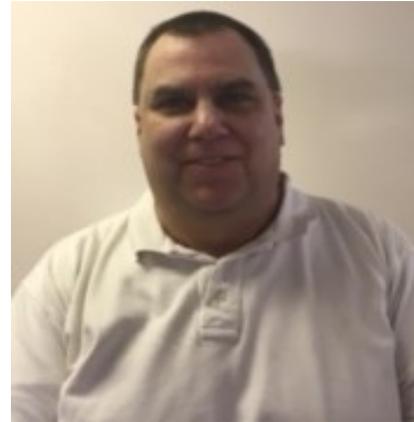


SPOTLIGHT ON REENTRY PROBATION AND PAROLE OFFICER: MELISSA HANDLEY, DISTRICT 15, CATLETTSBURG

Melissa Handley started her career with Probation and Parole in 2003 as an Office Support Assistant in the Catlettsburg Office. She worked closely with the officers in typing reports, scheduling appointments, and purged the Boyd County Court files dating back to the 1940's.

She became the Office Coordinator in the newly formed District 15 in 2006. As an Office Coordinator, Handley worked closely with the officers and Office Support Staff. She compiled a manual with screen shots and instructions for the OSA to use in performing their daily duties. She returned to college and completed her bachelor's degree in Criminal Justice with a Minor in Human Services and Social Services in 2012 from Ohio University.

In December 2012, she was promoted to Probation and Parole Officer I and has served as the primary re-entry liaison in District 15. Handley maintained a good rapport with the local Re-entry Council. She has created training examples for the District staff for ICOTS and case entry. She has worked as the District Class D and HIP Officer, as well as provided classes in New Directions/PORTAL, and Thinking for a Change. She has been trained in 24/7 Dads, EPICS, and will be completing FTO training February 15. Handley's experience as support staff and her initiative to train new employees has made her a valuable person to the Division. She was also named Outstanding Employee in District 15 in 2009.



**SPOTLIGHT ON REENTRY PROBATION AND PAROLE OFFICER:
GLEN HAHN, DISTRICT 9, LEXINGTON**

Glen Hahn began his career with Probation & Parole in April 2006, working in District 4 and then District 19. First as an Office Support Assistant then an investigator and finally a supervision officer. During his time in Jefferson County, Officer Hahn organized the annual chili cook off for all five districts, became a re-entry officer, and a field training officer.

In February 2015, Officer Hahn transferred to District 9 and started supervising a case load. October 2015, Officer Hahn became District 9's re-entry coordinator/resource officer, overseeing Portal New Directions, Thinking 4 A Change, and MRT. Officer Hahn provides offenders with housing information, employment possibilities, transportation tips, and assist with any unusual request from offenders regarding basic needs in the community. Officer Hahn also supervises one of the Low caseloads in the district.

Officer Hahn's enthusiasm about re-entry and desire to assist offenders has been a positive addition to the district.

**IF YOU KNOW OF ANYONE THAT DOES
REENTRY OR OFFERS REENTRY SERVICES
AND WOULD LIKE TO SPOTLIGHT THEM,
PLEASE LET THIS OFFICE KNOW:**

MELISSAJ.MOORE@KY.GOV

YOU HAVE A VOICE!!! Want to use it??
 Interested in joining a Kentucky Reentry Council in your area??

Kentucky Reentry Councils

Kentucky Reentry is made up of reentry task forces or councils throughout the state of Kentucky. The reentry groups do not provide services for ex-offenders, nor do they have reentry programs. They are made up of individuals and organizations networking together to share information and improve the reentry process. The members may be organizations and/or individuals that provide services and/or have interests in helping. Each group is focused toward ex-offenders coming back to their areas, the issues involved, and making their community safer.

The basic purpose of each group are:

To address the current issues ex-offenders face

To develop a network of resources and service providers within their area

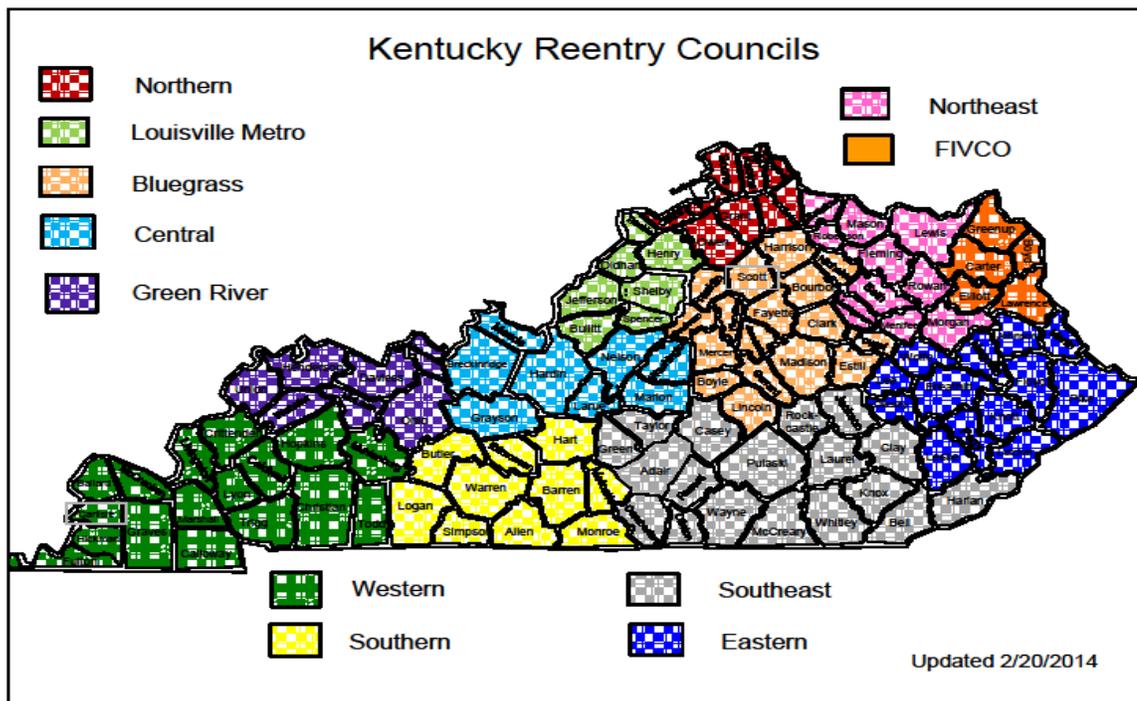
To communicate and advocate ex-offender issues to the community and their leaders.

If you would like to join, please visit our updated website: www.kentuckyreentry.org for meeting dates, times and locations in your area!

Also, visit us on Facebook:

<https://www.facebook.com/kentuckyreentry>

<https://www.facebook.com/louisvillereentry>



RESOURCES:

Success Built on Strengths

Free Counseling for Children, Teenagers, Adults, & Families in West Louisville

Cardinal Success Program @ Nia Mental Health Clinic

We offer individual & group therapy, family & couples therapy, and psychological testing.



We offer parental support.

We work with families.

We support individuals of all ages.



Program Director:
Dr. Eugene Foster

Clinical Coordinator:
Dr. Katy Hopkins

For more information or an appointment:
Cardinal Success Program @ Nia Mental Health Clinic
2900 West Broadway, Suite 320
Louisville, KY 40211
(502) 208-1631 / (502) 852-3888
nia.clinic@outlook.com

Graduate and doctoral students at the University of Louisville, College of Education and Human Development provide counselling and support services.



CARDINAL SUCCESS PROGRAM

Nia Center

RESOURCES:

Louisville Urban League

Serving the West Louisville community since 1920

in 5 key areas

Jobs Justice Education Health Housing

Departments:

Center for Workplace Development, Housing and Financial Empowerment,
and Youth Development and Education

502-585-4622

1535 W Broadway

Monday-Friday 9:00 am - 5:00 pm



Louisville
Urban League

*Empowering People.
Changing Lives.*

Sadiqa Reynolds President/CEO

RESOURCES:

CONFERENCE REGISTRATION:

Fill out Survey Monkey at this link:
https://www.surveymonkey.com/r/SOS_Conf2016

COST:

FREE for participants who request a general conference certificate.

\$25 for participants who request CEUs for Alcohol and Drug Counselors; Professional Counselors; Nursing; Social work; fee-based Pastoral Counselors; or Psychology.

KBN Provider No. 5-0051 Expires December 31, 2017

Make \$25 check payable to FB PES Grant 184 and mail to:

Communicare RPC
 1311 North Dixie Avenue, Building A
 Elizabethtown, KY 42701

Some scholarships are available and may be requested when registering.

Snacks will be provided each day, and lunch provided on Wednesday.

HOTEL WITH BLOCK ROOM RATES:

Sleep Inn & Suites – 195 Spring Point Drive, Shepherdsville, KY, located next door to Paroquet Springs Conference Centre. Ask for the **"Faith-Based Prevention"** group rate of \$85 per night plus local tax. (Continental breakfast).
502.921.1001.

Make reservations by April 22nd to be guaranteed group rate.

The Annual Kentucky Faith-Based Prevention Conference is a training opportunity for faith community group leaders; substance abuse and mental health prevention and treatment professionals; as well as other community members to learn new ways to strengthen their support in promoting behavioral health and preventing substance abuse and mental illness within our Kentucky communities.

This 5th Annual Kentucky Faith-Based Conference focuses on increasing awareness about military cultures and meeting needs of service members, veterans, and their families (SMVF).

KY Faith-Based Prevention Enhancement Site - Communicare, Inc. RPC

**For Questions, contact:
 Karen Hall, MA, CPS, FB PES Manager
 Phone: 606-584-6134**

S.O.S.

"STRENGTHENING OUR SUPPORT"

For our Service Members, Veterans, and their Families

Communicare, Inc.
 Regional Prevention Center's

KENTUCKY FAITH-BASED PREVENTION 5TH ANNUAL CONFERENCE
 In Collaboration With **KENTUCKY FAITH-BASED COALITION** and **KENTUCKY SMVF TEAM**

Tuesday, May 3, 2016
 12 p.m. to 5 p.m.

Wednesday, May 4, 2016
 8:15 a.m. to 4:30 p.m.

Paroquet Springs Conference Centre
 395 Paroquet Springs Drive
 Shepherdsville, KY 40165

YOU ARE INVITED:

BLUEGRASS FAMILIES OF THE INCARCERATED



FREE AND CONFIDENTIAL

Families of the Incarcerated is a group of family members in the Lexington, Kentucky area with loved ones incarcerated, committed to providing support to one another and provide for a smoother transition for the families once their loved ones return home. They meet the *3rd Wednesday of each month* at 6:30 PM at American National University and welcomes all families who are seeking a place of love, support, and encouragement as they deal with having a member of their family in prison.

PLEASE RSVPTO: jamrnorton@gmail.com, 859-338-9821 (Jim)

Upcoming 2016 Monthly Meetings/Topics:

- February 17**
Guy Hamilton-Smith, Paralegal, with the Episcopal Prison Ministry Commission
- March 16**
Mark Johnson, CEO, Behind Bars and Beyond
- April 20**
Rev. Aaron Mobley, Chaplain at North Point Training Center
- May 18**
Kerry Meas, Department of Corrections, ReEntry Branch
- June 15**
Jim Lowe, HIP (Home Incarceration program), Department of Corrections

Bluegrass Families of the Incarcerated, American National University
2376 Sir Barton Way, Lexington, KY



GREATER LOUISVILLE RE-ENTRY COALITION OF FAMILY & FRIENDS OF THE INCARCERATED

ON THE 2ND THURSDAY OF EVERY MONTH THE GREATER LOUISVILLE REENTRY COALITION OF FAMILIES & FRIENDS OF THE INCARCERATED WILL MEET AT 6:30 PM AT:
NEW LEGACY, 1115 GARVIN PLACE, LOUISVILLE, KY
WWW.NEWLEGACYRC.ORG

- UPCOMING DATES & TOPICS**
- JANUARY 14-TBD
 - FEBRUARY 11-TBD
 - MARCH 10-TBD
 - APRIL 14-KENTUCKY DOC Q & A
 - MAY 12-TBD
 - JUNE 9-TBD

THE GROUP INCLUDES FAMILY MEMBERS AND FRIENDS IN THE LOUISVILLE AND SURROUNDING AREA WITH LOVED ONES INCARCERATED, COMMITTED TO PROVIDING SUPPORT TO ONE ANOTHER AND PROVIDE FOR A SMOOTHER TRANSITION FOR THE FAMILIES ONCE THEIR LOVED ONES RETURN HOME.



THE GREATER LOUISVILLE AREA ENCOMPASSES THE FOLLOWING COUNTIES: JEFFERSON, BULLITT, SPENCER, SHELBY, HENRY, TRIMBLE, OLDHAM
WWW.KENTUCKYREENTRY.ORG
WWW.FACEBOOK.COM/LOUISVILLEREENTRY
WWW.FACEBOOK.COM/KENTUCKYFAMILIESOFTHEINCARCERATED
CONTACT: MELBA
MELBBAAMO@JONEB@GMAIL.COM

NKY

Northern Kentucky's

Family & Friends of the Incarcerated

Time: 7:00 PM

Catholic Charities
3629 Church Street
Covington, KY 41015

Contact:
Sr. Dolores Giblin
giblind@ndapandas.org

Family & Friends of the Incarcerated is a group of family members in the Northern Kentucky area with loved ones incarcerated, committed to providing support to one another and provide for a smoother transition for the families once their loved ones return home.

They meet the *3rd Tuesday of each month* at 7:00 PM at Catholic Charities



Upcoming 2016 Dates

January 19	February 16
March 15	April 19
May 17	June 21
July 19	August 16

On **April 19, 2016 at 7:00 PM** with Guest Speaker Kerry Mears from the Reentry Branch of the Kentucky Department of Corrections for a Family Engagement Question & Answer session.

www.kentuckyreentry.org



www.facebook.com/NorthernKentuckyReentry/
www.facebook.com/KentuckyFamiliesoftheIncarcerated/

YOU ARE INVITED:

KENTUCKY **Rx** CARD

WWW.KENTUCKYRXCARD.COM

Free Statewide Prescription Assistance Program (PAP)

Kentucky Rx Card is a **FREE** statewide prescription discount drug card that offers savings as high as 75% on both generic and brand medications. Anyone living in or visiting Kentucky can use this discount card; regardless of age, income, health conditions or residential status.



A donation will be made to your local CMN hospital each time a prescription is processed through Group# KENTUCKY



Kentucky Rx Card is a proud supporter of Children's Miracle Network

Program Highlights

- ✓ **FREE card for everyone**
- ✓ **No Restrictions on eligibility**
- ✓ **No applications**
- ✓ **No personal information required to obtain a card**
- ✓ **Discounts on brand and generic medications**
- ✓ **Accepted at over 68,000 pharmacies nationwide**

Compliments of:



For more information or for hard cards contact:

Milton Perkins, Program Development Director • 502-822-0145
 mperkins@kentuckyrxcard.com • www.kentuckyrxcard.com

YOU ARE INVITED:

KENTUCKY **R_x** CARD

WWW.KENTUCKYRXCARD.COM

Frequently Asked Questions

What is the Kentucky Rx Card?

Kentucky Rx Card is a FREE statewide discount prescription assistance program. The program was launched to help uninsured and underinsured residents afford their prescriptions.

Who is eligible to participate in the Kentucky Rx Card program?

Every resident of Kentucky is eligible to receive a FREE prescription discount drug card.

How do Kentucky residents get a Kentucky Rx Card?

Residents can download a FREE card, search drug pricing, and locate participating pharmacies by visiting www.KentuckyRxCard.com. Residents can also obtain cards at various health centers, hospitals, clinics, businesses, and other card distribution sites that are being set up across the state. The cards are accepted at more than 68,000 pharmacies across the country.

How can Kentucky Rx Card provide free cards to residents?

This statewide prescription assistance program is made possible and funded through the support and participation of pharmacies and pharmaceutical companies.

What makes Kentucky Rx Card different from other prescription programs?

- No forms to fill out to obtain a card
- No restrictions to participate
- No eligibility or income requirements/limitations
- No waiting periods
- No age restrictions
- No exclusions
- No health restrictions
- No forms to file
- No annual or lifetime limits
- Open formulary so that both brand and generic medications are eligible for discounts
- Confidentiality: No personal information will be sold, shared, or distributed

Can this program be used by people who have insurance with prescription benefits?

This program was launched to help the uninsured people of Kentucky afford their prescriptions. However, people with insurance can also use Kentucky Rx Card to get a discount on medications not covered by their insurance (non-covered drugs).

What type of discounts can you expect when you use this card?

Savings vary, with savings on some medications as high as 75%+.

What prescriptions are discounted with this program?

The program has an "OPEN FORMULARY" which means that brand and generic medications are eligible for a discount through this program.

What are the highlights of the Kentucky Rx Card program?

PROGRAM HIGHLIGHTS:

- The cards are FREE to all Kentucky residents.
- There are no forms to fill out to obtain a card, no restrictions, no age or income requirements, no waiting periods, no eligibility required, no exclusions, no health restrictions, no forms to file, no annual or lifetime limits, includes discounts on brand and generic medications, open formulary so that brand and generic medications are eligible for discounts.
- This program has a "LOWEST PRICE" feature that provides cardholders the lowest program price on prescriptions at participating pharmacies (Medication Pricing/Discounts are calculated on the program's lowest negotiated contract price and the pharmacy's "usual and customary" price).
- This program can be used by people who have Health Savings Accounts (HSAs), High Deductible Plans, and Medicare Part D.
- The program can be used as a standalone discount card or to receive discounts on non-covered drugs.
- All Kentucky residents are eligible to participate in this program.
- To obtain a FREE card you can access www.KentuckyRxCard.com 24 hours a day and download as many cards as you need.