

 <p style="text-align: center;">KENTUCKY CORRECTIONS Policies and Procedures</p>	Policy Number	Total Pages
	3.25	3
	Date Filed	Effective Date
	*	August 7, 2023
	Supersedes None / New Policy	
Authority/References KRS Chapter 209, Chapter 319, Chapter 314, Chapter 620, 309.130, 335.080, 335.100, 335.300 to 335.399, 335.500 to 335.599, 335.600 to 335.699	Subject CORRECTIONAL STAFF THERAPY	

I. DEFINITIONS

“Qualifying Event” means a workplace incident involving violence, death, or serious physical injury and also involving one or more employees, inmates, or volunteers.

“Mental health” includes our emotional, psychological, and social well-being. It affects how we think, feel and act. It also helps determine how we handle stress, relate to others, and make choices (MentalHealth.gov)

“Counselor or therapist” is a licensed professional with training in treating mental health conditions and concerns.

“Confidentially” “Client confidentiality” is the requirement that therapists, psychiatrists, psychologists, and most other mental health professionals protect their client’s privacy by not revealing the contents of therapy. Confidentiality includes the contents of therapy and the fact that a client is in therapy. Exception to the rule include a duty to report: danger to self, danger to others, abuse of children (including use of child pornography in certain states), dependents, or elderly adults, current or future crime concerning safety of others.

“Mandatory Reporting” Kentucky Law requires mandatory reporting of child abuse, neglect, and dependency (KRS Chapter 620) and the abuse, neglect, or financial exploitations of adults who have physical or mental disability and are unable to protect themselves; this might include an elderly person (KRS Chapter 209). Reports are typically made to the Cabinet for Health and Family Services.

“Mental health professional” means:

1. A physician licensed under the laws of Kentucky to practice medicine or osteopathy, or a medical officer of the government of the United States while engaged in conducting mental health services;

Policy Number	Effective Date	Page
3.25	August 7, 2023	2

2. A psychiatrist licensed under the laws of Kentucky to practice medicine or osteopathy, or a medical officer of the government of the United States engaged in conducting mental health services;
3. A psychologist, a psychological practitioner, a certified psychologist, or a psychological associate, licensed under the provisions of KRS Chapter 319;
4. A registered nurse licensed under the provisions of KRS Chapter 314 engaged in providing mental health services;
5. A licensed clinical social worker licensed under the provisions of KRS 335.100, or a certified social worker licensed under the provisions of KRS 335.080 engaged in providing mental health services;
6. A marriage and family therapist licensed under the provisions of KRS 335.300 to 335.399 engaged in providing mental health services;
7. A professional counselor credentialed under the provisions of KRS 335.500 to 335.599 engaged in providing mental health services;
8. An art therapist certified under KRS 309.130 engaged in providing mental health services; or
9. A pastoral counselor licensed under the provisions of KRS 335.600 to 335.699 engaged in providing mental health services.

II. POLICY and PROCEDURE

A. Activation

1. The Staff Wellness Therapist upon receiving information of a qualifying event may reach out directly to the Institutions Warden, Deputy Warden, Safety Officer, Human Resource Administrator, Probation and Parole Director, Assistant Director, or District Supervisor to obtain contact information for all involved in the qualifying event in order to provide follow up as indicated.
2. Staff Wellness members may refer a person involved in a qualifying event directly to the therapist.

B. Intervention

Policy Number	Effective Date	Page
3.25	August 7, 2023	3

1. Wellness Staff Therapist shall, when indicated and deemed appropriate, meet with the Department of Corrections staff via Tele-Health, phone or in-person.
2. Therapy sessions shall be held at a time convenient and agreed upon by the correctional staff and staff therapist.
3. A copy of the extraordinary occurrence report, or any other related documentation, may be made available to the staff therapist.
4. When appropriate, the staff therapist shall refer the correctional staff to a mental health provider closer to the vicinity where the staff person resides.
5. When appropriate, staff therapist shall refer correctional staff to additional professionals including Medical Doctors, Psychiatrists, Nurse Practitioners, and others as deemed necessary to assist in the continuum of care of the individual.